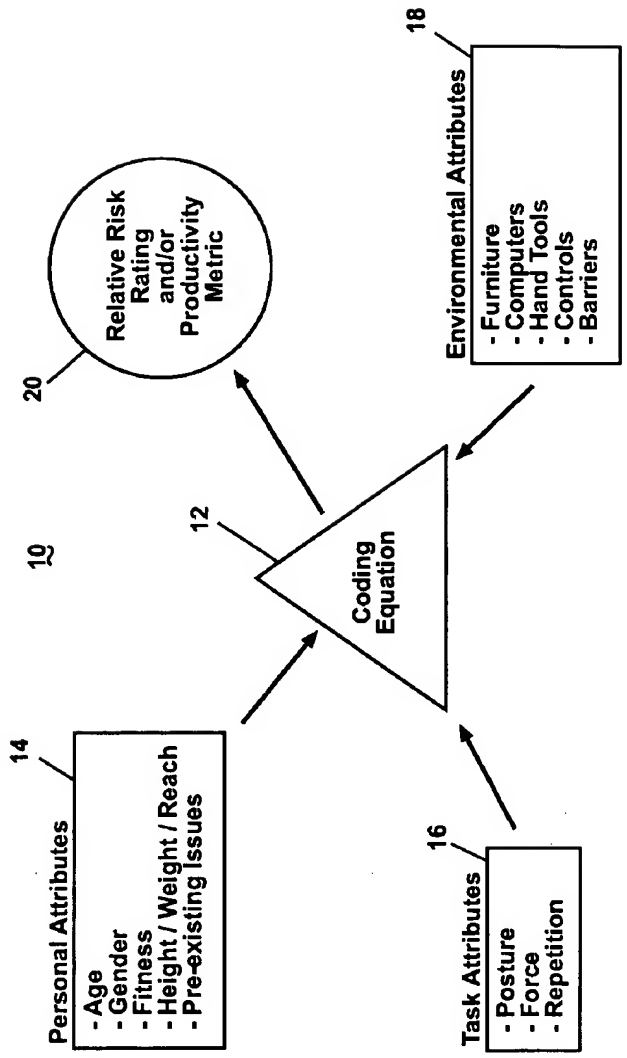

10
12
Coding Equation
14
Personal Attributes
- Age
- Gender
- Fitness
- Height / Weight / Reach
- Pre-existing Issues
16
Task Attributes
- Posture
- Force
- Repetition
18
Environmental Attributes
- Furniture
- Computers
- Hand Tools
- Controls
- Barriers
20
Relative Risk Rating and/or Productivity Metric

Fig. 1

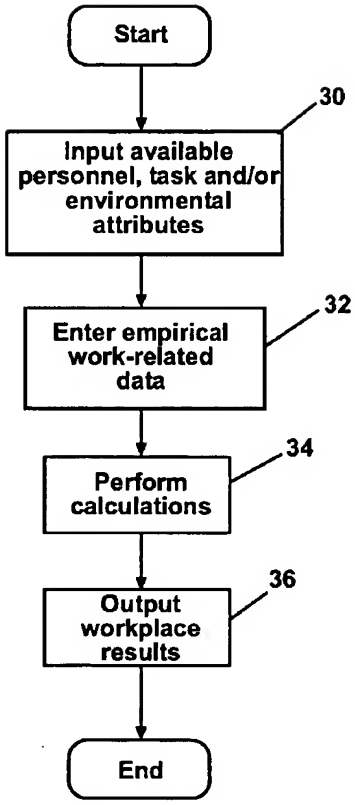

Start
30
Input available personnel, task and/or environmental attributes
32
Enter empirical work-related data
34
Perform calculations
36
Output workplace results
End

Fig. 1A

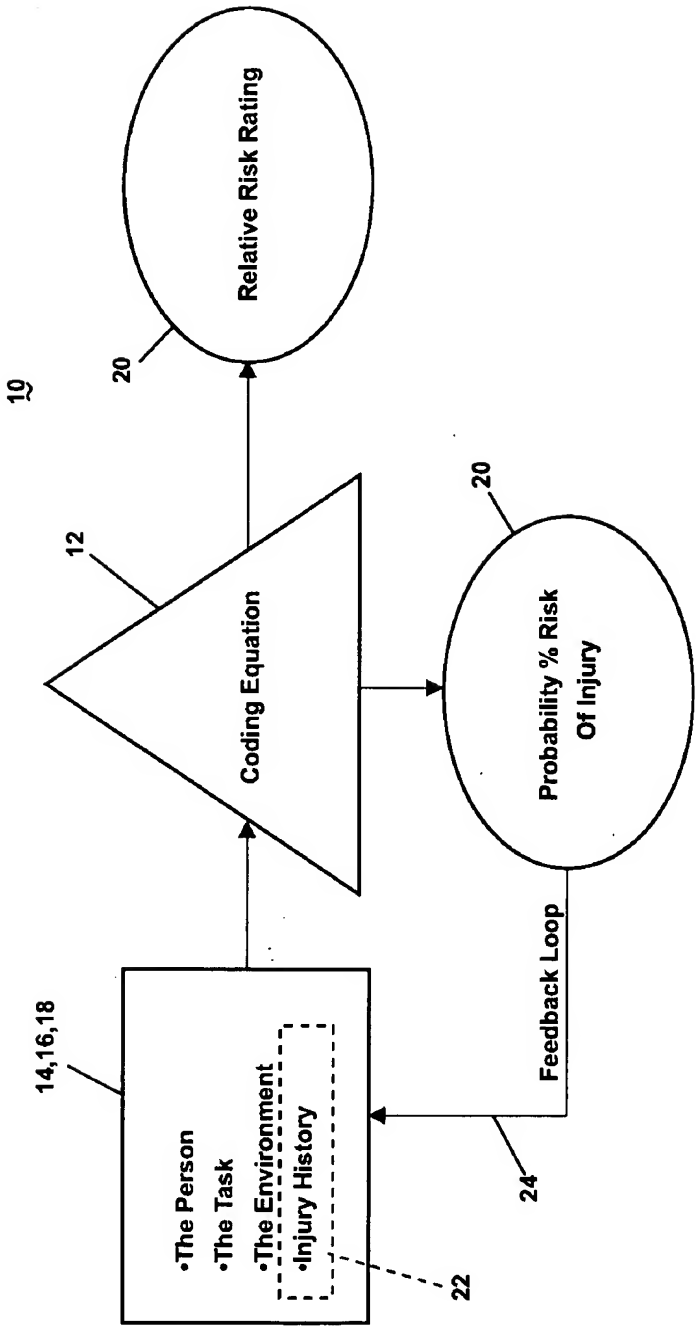

10
Relative Risk Rating
20
12
Coding Equation
20
Probability % Risk Of Injury
14,16,18
•The Person
•The Task
•The Environment
•Injury History
22
Feedback Loop
24

Fig. 1B

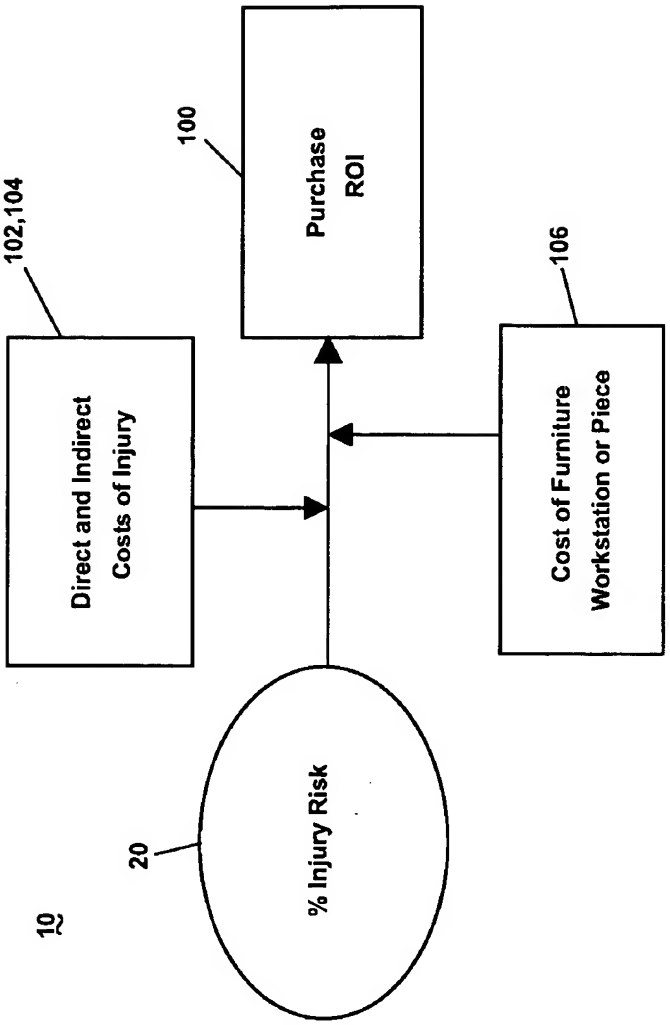
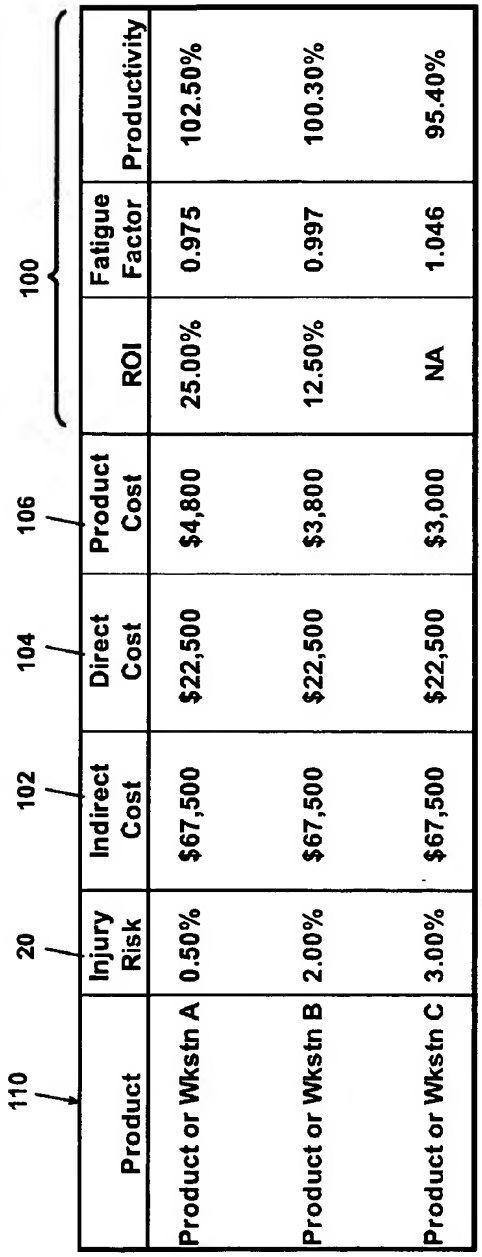

10
20
% Injury Risk
102,104
Direct and Indirect Costs of Injury
100
Purchase ROI
106
Cost of Furniture Workstation or Piece

Fig. 1C



Product	Injury Risk	Indirect Cost	Direct Cost	Product Cost	ROI	Fatigue Factor	Productivity
Product or Wkstn A	0.50%	$67,500	$22,500	$4,800	25.00%	0.975	102.50%
Product or Wkstn B	2.00%	$67,500	$22,500	$3,800	12.50%	0.997	100.30%
Product or Wkstn C	3.00%	$67,500	$22,500	$3,000	NA	1.046	95.40%

Fig. 1D

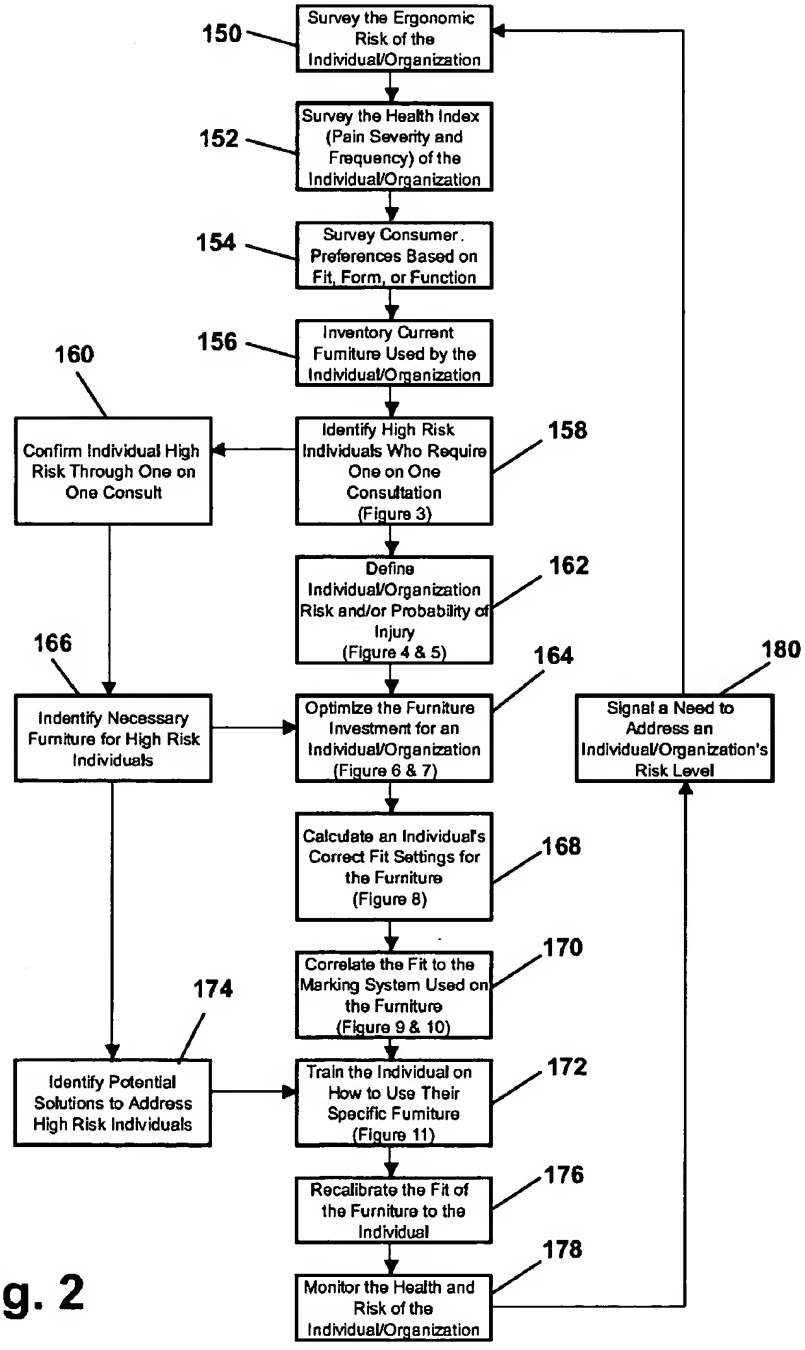

Survey the Ergonomic Risk of the Individual/Organization
150
Survey the Health Index (Pain Severity and Frequency) of the Individual/Organization
152
Survey Consumer Preferences Based on Fit, Form, or Function
154
Inventory Current Furniture Used by the Individual/Organization
156
160
Confirm Individual High Risk Through One on One Consult
Identify High Risk Individuals Who Require One on One Consultation (Figure 3)
158
Define Individual/Organization Risk and/or Probability of Injury (Figure 4 & 5)
162
166
Indentify Necessary Furniture for High Risk Individuals
Optimize the Furniture Investment for an Individual/Organization (Figure 6 & 7)
164
180
Signal a Need to Address an Individual/Organization's Risk Level
Calculate an Individual's Correct Fit Settings for the Furniture (Figure 8)
168
Correlate the Fit to the Marking System Used on the Furniture (Figure 9 & 10)
170
174
Identify Potential Solutions to Address High Risk Individuals
Train the Individual on How to Use Their Specific Furniture (Figure 11)
172
Recalibrate the Fit of the Furniture to the Individual
176
178
Monitor the Health and Risk of the Individual/Organization

Fig. 2

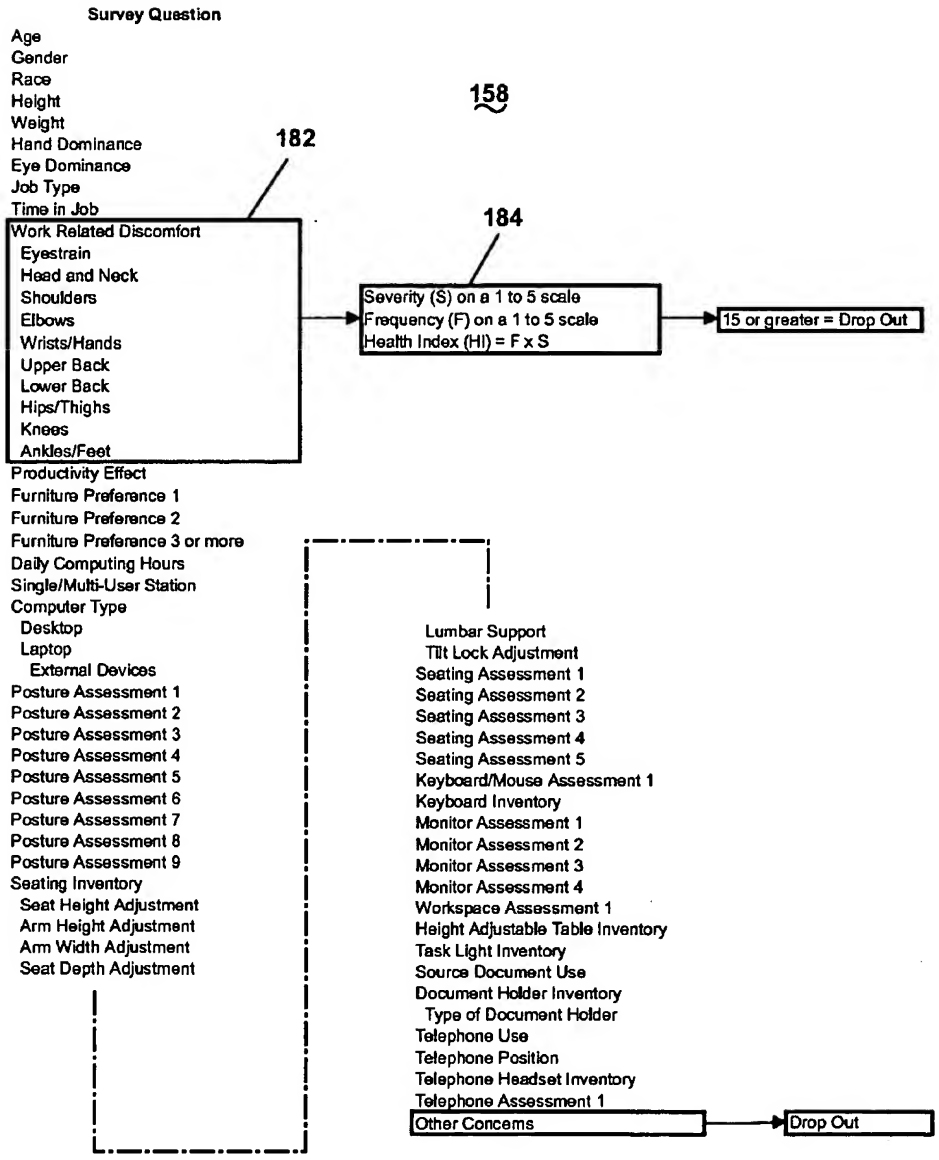

Survey Question
Age
Gender
Race
Height
Weight
Hand Dominance
Eye Dominance
Job Type
Time in Job
Work Related Discomfort
Eyestrain
Head and Neck
Shoulders
Elbows
Wrists/Hands
Upper Back
Lower Back
Hips/Thighs
Knees
Ankles/Feet
Productivity Effect
Furniture Preference 1
Furniture Preference 2
Furniture Preference 3 or more
Daily Computing Hours
Single/Multi-User Station
Computer Type
Desktop
Laptop
External Devices
Posture Assessment 1
Posture Assessment 2
Posture Assessment 3
Posture Assessment 4
Posture Assessment 5
Posture Assessment 6
Posture Assessment 7
Posture Assessment 8
Posture Assessment 9
Seating Inventory
Seat Height Adjustment
Arm Height Adjustment
Arm Width Adjustment
Seat Depth Adjustment
158
182
184
Severity (S) on a 1 to 5 scale
Frequency (F) on a 1 to 5 scale
Health Index (HI) = F x S
15 or greater = Drop Out
Lumbar Support
Tilt Lock Adjustment
Seating Assessment 1
Seating Assessment 2
Seating Assessment 3
Seating Assessment 4
Seating Assessment 5
Keyboard/Mouse Assessment 1
Keyboard Inventory
Monitor Assessment 1
Monitor Assessment 2
Monitor Assessment 3
Monitor Assessment 4
Workspace Assessment 1
Height Adjustable Table Inventory
Task Light Inventory
Source Document Use
Document Holder Inventory
Type of Document Holder
Telephone Use
Telephone Position
Telephone Headset Inventory
Telephone Assessment 1
Other Concerns
Drop Out

Fig. 3

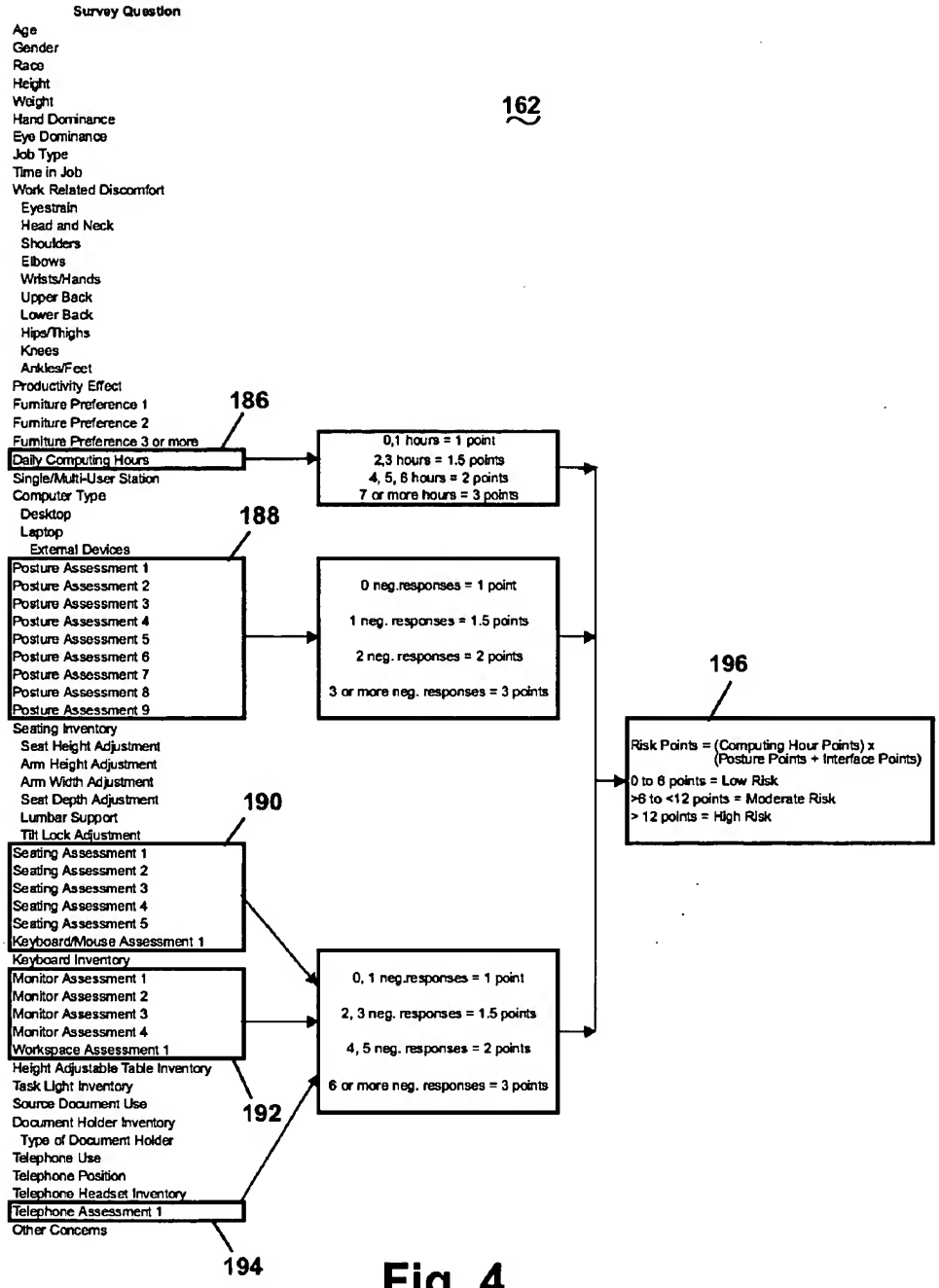

Survey Question
Age
Gender
Race
Height
Weight
Hand Dominance
Eye Dominance
Job Type
Time in Job
Work Related Discomfort
Eyestrain
Head and Neck
Shoulders
Elbows
Wrists/Hands
Upper Back
Lower Back
Hips/Thighs
Knees
Ankles/Feet
Productivity Effect
Furniture Preference 1
Furniture Preference 2
Furniture Preference 3 or more
Daily Computing Hours
Single/Multi-User Station
Computer Type
Desktop
Laptop
External Devices
Posture Assessment 1
Posture Assessment 2
Posture Assessment 3
Posture Assessment 4
Posture Assessment 5
Posture Assessment 6
Posture Assessment 7
Posture Assessment 8
Posture Assessment 9
Seating Inventory
Seat Height Adjustment
Arm Height Adjustment
Arm Width Adjustment
Seat Depth Adjustment
Lumbar Support
Tilt Lock Adjustment
Seating Assessment 1
Seating Assessment 2
Seating Assessment 3
Seating Assessment 4
Seating Assessment 5
Keyboard/Mouse Assessment 1
Keyboard Inventory
Monitor Assessment 1
Monitor Assessment 2
Monitor Assessment 3
Monitor Assessment 4
Workspace Assessment 1
Height Adjustable Table Inventory
Task Light Inventory
Source Document Use
Document Holder Inventory
Type of Document Holder
Telephone Use
Telephone Position
Telephone Headset Inventory
Telephone Assessment 1
Other Concerns
162
186
188
190
192
194
0,1 hours = 1 point
2,3 hours = 1.5 points
4, 5, 6 hours = 2 points
7 or more hours = 3 points
0 neg.responses = 1 point
1 neg. responses = 1.5 points
2 neg. responses = 2 points
3 or more neg. responses = 3 points
0, 1 neg.responses = 1 point
2, 3 neg. responses = 1.5 points
4, 5 neg. responses = 2 points
6 or more neg. responses = 3 points
196
Risk Points = (Computing Hour Points) x (Posture Points + Interface Points)
0 to 6 points = Low Risk
>6 to <12 points = Moderate Risk
> 12 points = High Risk

Fig. 4

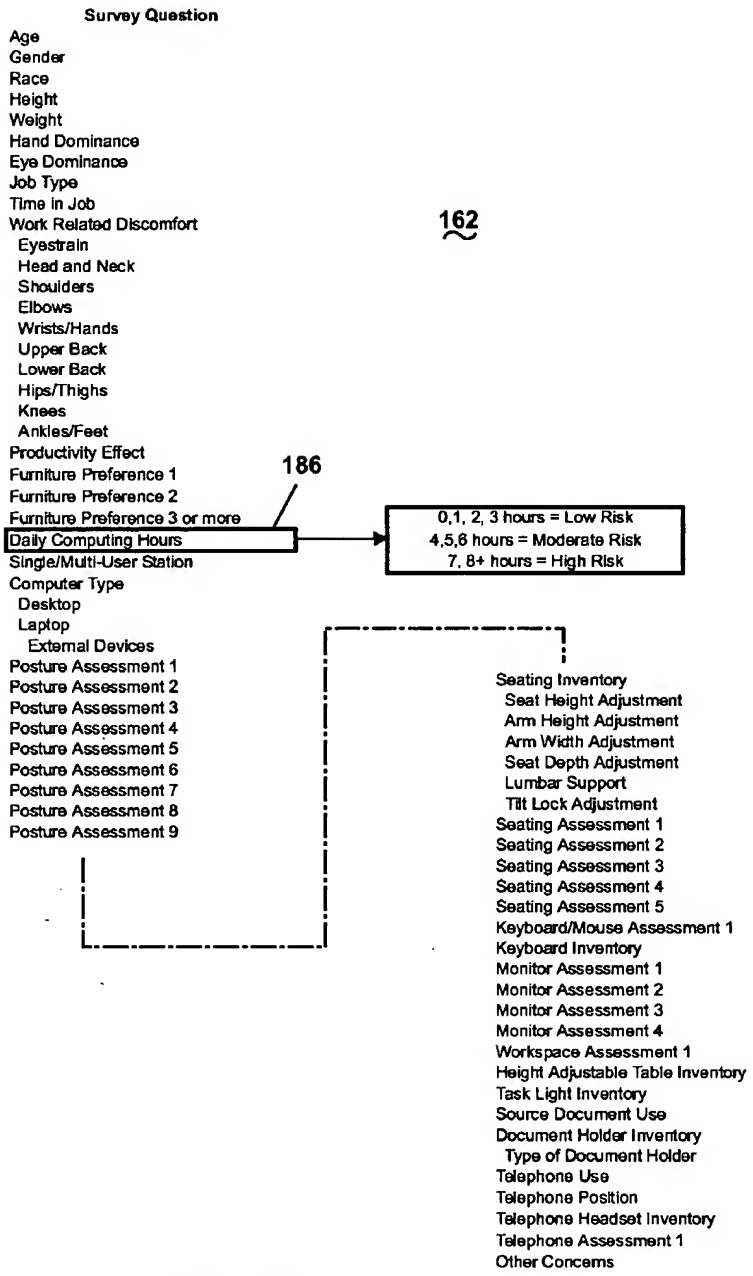

Survey Question
Age
Gender
Race
Height
Weight
Hand Dominance
Eye Dominance
Job Type
Time in Job
Work Related Discomfort
Eyestrain
Head and Neck
Shoulders
Elbows
Wrists/Hands
Upper Back
Lower Back
Hips/Thighs
Knees
Ankles/Feet
Productivity Effect
Furniture Preference 1
Furniture Preference 2
Furniture Preference 3 or more
Daily Computing Hours
Single/Multi-User Station
Computer Type
Desktop
Laptop
External Devices
Posture Assessment 1
Posture Assessment 2
Posture Assessment 3
Posture Assessment 4
Posture Assessment 5
Posture Assessment 6
Posture Assessment 7
Posture Assessment 8
Posture Assessment 9
162
186
0,1, 2, 3 hours = Low Risk
4,5,6 hours = Moderate Risk
7, 8+ hours = High Risk
Seating Inventory
Seat Height Adjustment
Arm Height Adjustment
Arm Width Adjustment
Seat Depth Adjustment
Lumbar Support
Tilt Lock Adjustment
Seating Assessment 1
Seating Assessment 2
Seating Assessment 3
Seating Assessment 4
Seating Assessment 5
Keyboard/Mouse Assessment 1
Keyboard Inventory
Monitor Assessment 1
Monitor Assessment 2
Monitor Assessment 3
Monitor Assessment 4
Workspace Assessment 1
Height Adjustable Table Inventory
Task Light Inventory
Source Document Use
Document Holder Inventory
Type of Document Holder
Telephone Use
Telephone Position
Telephone Headset Inventory
Telephone Assessment 1
Other Concerns

Fig. 5

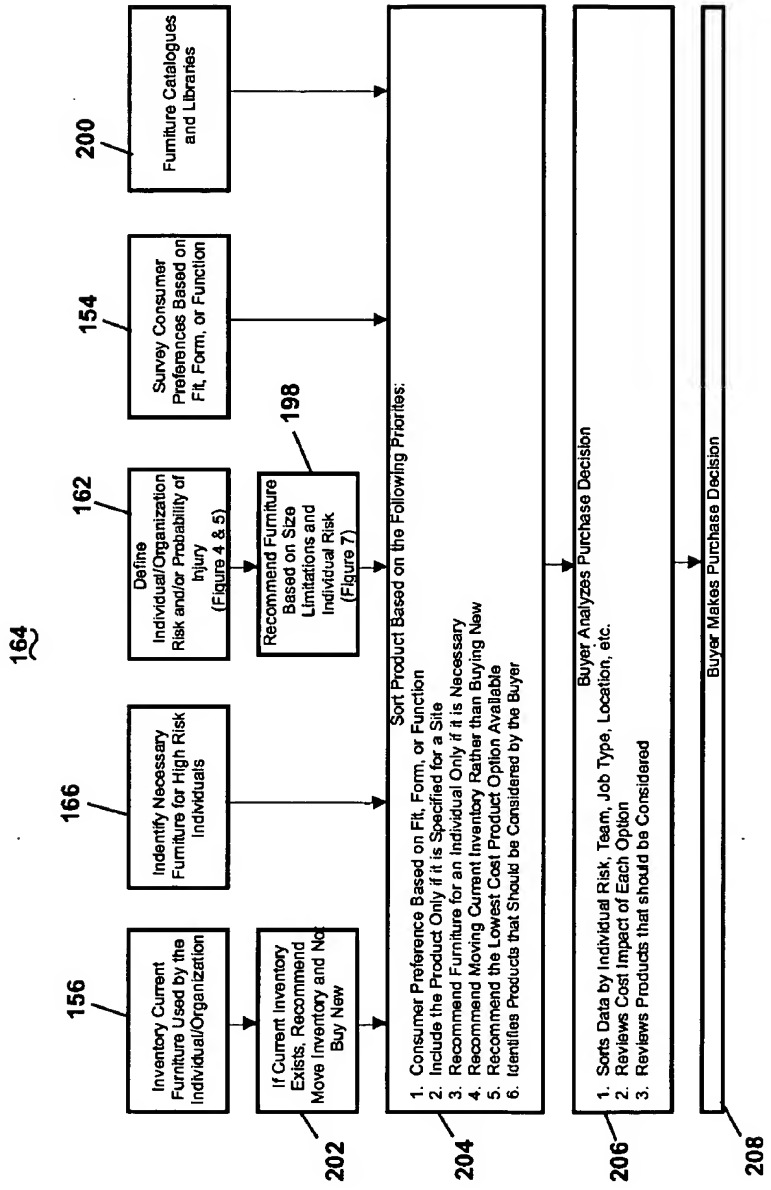

164
156
Inventory Current Furniture Used by the Individual/Organization
166
Indentify Necessary Furniture for High Risk Individuals
162
Define Individual/Organization Risk and/or Probability of Injury (Figure 4 & 5)
154
Survey Consumer Preferences Based on Fit, Form, or Function
200
Furniture Catalogues and Libraries
198
Recommend Furniture Based on Size Limitations and Individual Risk (Figure 7)
202
If Current Inventory Exists, Recommend Move Inventory and No Buy New
204
Sort Product Based on the Following Priorities:
1. Consumer Preference Based on Fit, Form, or Function
2. Include the Product Only if it is Specified for a Site
3. Recommend Furniture for an Individual Only if it is Necessary
4. Recommend Moving Current Inventory Rather than Buying New
5. Recommend the Lowest Cost Product Option Available
6. Identifies Products that Should be Considered by the Buyer
206
Buyer Analyzes Purchase Decision
1. Sorts Data by Individual Risk, Team, Job Type, Location, etc.
2. Reviews Cost Impact of Each Option
3. Reviews Products that should be Considered
208
Buyer Makes Purchase Decision

Fig. 6

198

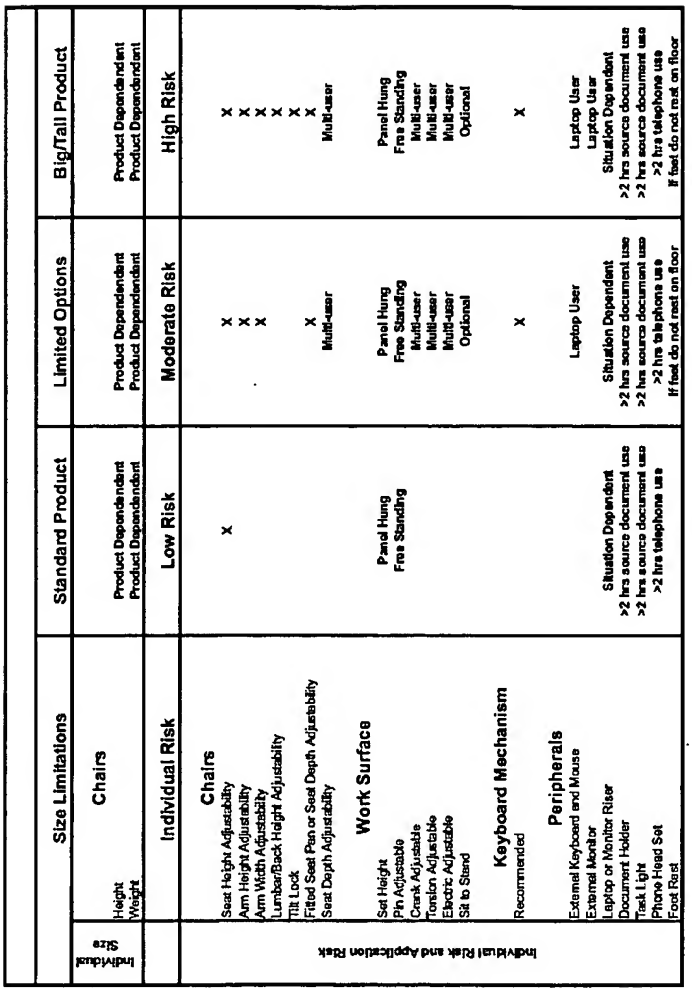
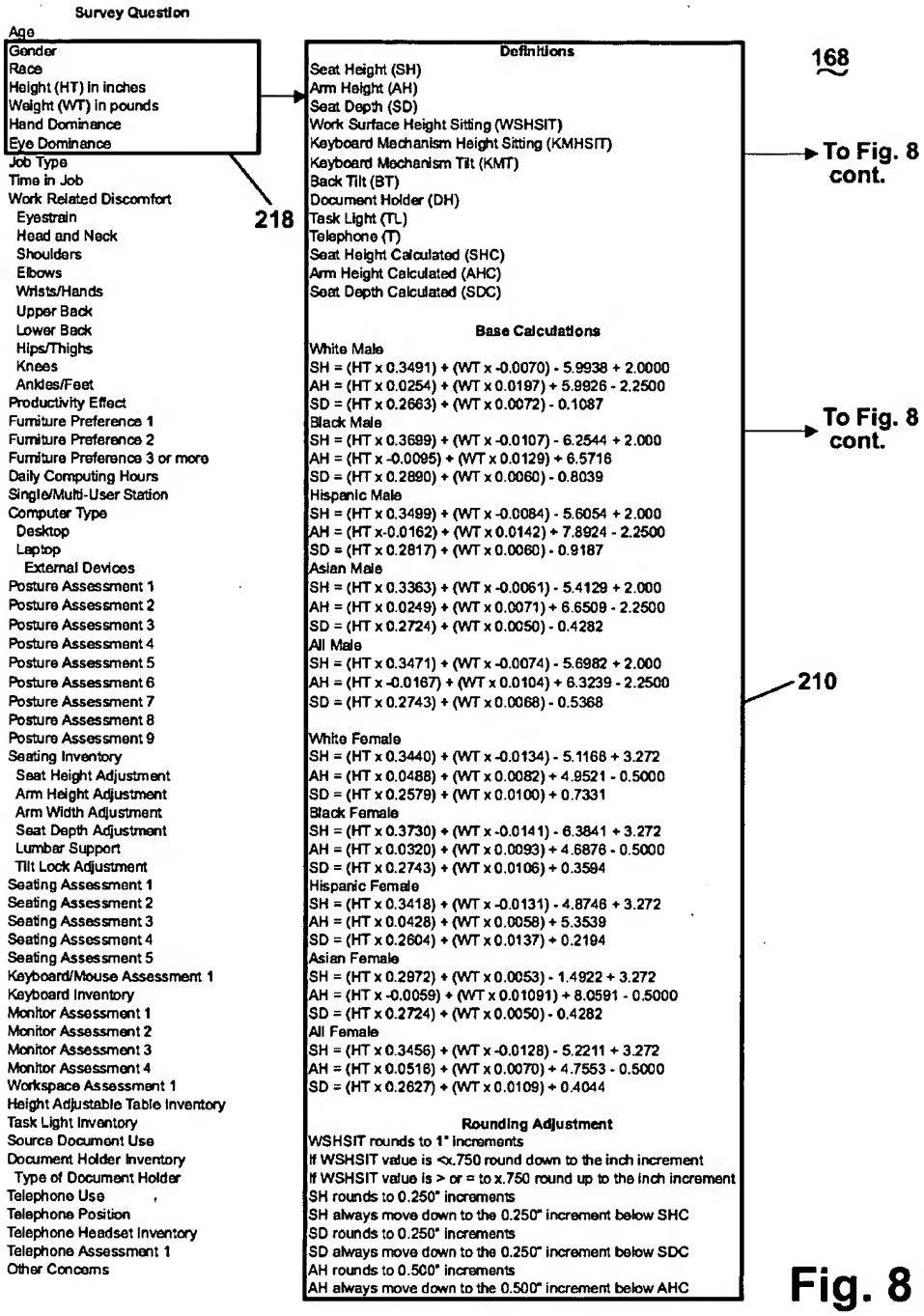

Size Limitations
Standard Product
Limited Options
Big/Tall Product
Individual Size
Chairs
Height
Weight
Product Dependendant
Product Dependendant
Product Dependendant
Product Dependendant
Product Dependendant
Product Dependendant
Individual Risk
Low Risk
Moderate Risk
High Risk
Individual Risk and Application Risk
Chairs
Seat Height Adjustability
Arm Height Adjustability
Arm Width Adjustability
Lumbar/Back Height Adjustability
Tilt Lock
Fitted Seat Pan or Seat Depth Adjustability
Seat Depth Adjustability
x
x
x
x
x
x
x
x
x
x
x
Multi-user
Multi-user
Work Surface
Sit Height
Pin Adjustable
Crank Adjustable
Torsion Adjustable
Electric Adjustable
Sit to Stand
Panel Hung
Free Standing
Panel Hung
Free Standing
Multi-user
Multi-user
Multi-user
Optional
Panel Hung
Free Standing
Multi-user
Multi-user
Multi-user
Optional
Keyboard Mechanism
Recommended
x
x
Peripherals
External Keyboard and Mouse
External Monitor
Laptop or Monitor Riser
Document Holder
Task Light
Phone Head Set
Foot Rest
Situation Dependent
>2 hrs source document use
>2 hrs source document use
>2 hrs telephone use
Laptop User
Situation Dependent
>2 hrs source document use
>2 hrs source document use
>2 hrs telephone use
If feet do not rest on floor
Laptop User
Laptop User
Situation Dependent
>2 hrs source document use
>2 hrs source document use
>2 hrs telephone use
If feet do not rest on floor

Fig. 7


Survey Question
Age
Gender
Race
Height (HT) in inches
Weight (WT) in pounds
Hand Dominance
Eye Dominance
Job Type
Time in Job
Work Related Discomfort
Eyestrain
Head and Neck
Shoulders
Elbows
Wrists/Hands
Upper Back
Lower Back
Hips/Thighs
Knees
Ankles/Feet
Productivity Effect
Furniture Preference 1
Furniture Preference 2
Furniture Preference 3 or more
Daily Computing Hours
Single/Multi-User Station
Computer Type
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Laptop
External Devices
Posture Assessment 1
Posture Assessment 2
Posture Assessment 3
Posture Assessment 4
Posture Assessment 5
Posture Assessment 6
Posture Assessment 7
Posture Assessment 8
Posture Assessment 9
Seating Inventory
Seat Height Adjustment
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Arm Width Adjustment
Seat Depth Adjustment
Lumbar Support
Tilt Lock Adjustment
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Seating Assessment 2
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Seating Assessment 5
Keyboard/Mouse Assessment 1
Keyboard Inventory
Monitor Assessment 1
Monitor Assessment 2
Monitor Assessment 3
Monitor Assessment 4
Workspace Assessment 1
Height Adjustable Table Inventory
Task Light Inventory
Source Document Use
Document Holder Inventory
Type of Document Holder
Telephone Use
Telephone Position
Telephone Headset Inventory
Telephone Assessment 1
Other Concerns
218
Definitions
Seat Height (SH)
Arm Height (AH)
Seat Depth (SD)
Work Surface Height Sitting (WSHSIT)
Keyboard Mechanism Height Sitting (KMHSIT)
Keyboard Mechanism Tilt (KMT)
Back Tilt (BT)
Document Holder (DH)
Task Light (TL)
Telephone (T)
Seat Height Calculated (SHC)
Arm Height Calculated (AHC)
Seat Depth Calculated (SDC)
Base Calculations
White Male
SH = (HT x 0.3491) + (WT x -0.0070) - 5.9938 + 2.0000
AH = (HT x 0.0254) + (WT x 0.0197) + 5.9926 - 2.2500
SD = (HT x 0.2663) + (WT x 0.0072) - 0.1087
Black Male
SH = (HT x 0.3699) + (WT x -0.0107) - 6.2544 + 2.000
AH = (HT x -0.0095) + (WT x 0.0129) + 6.5716
SD = (HT x 0.2890) + (WT x 0.0060) - 0.8039
Hispanic Male
SH = (HT x 0.3499) + (WT x -0.0084) - 5.6054 + 2.000
AH = (HT x-0.0162) + (WT x 0.0142) + 7.8924 - 2.2500
SD = (HT x 0.2817) + (WT x 0.0060) - 0.9187
Asian Male
SH = (HT x 0.3363) + (WT x -0.0061) - 5.4129 + 2.000
AH = (HT x 0.0249) + (WT x 0.0071) + 6.6509 - 2.2500
SD = (HT x 0.2724) + (WT x 0.0050) - 0.4282
All Male
SH = (HT x 0.3471) + (WT x -0.0074) - 5.6982 + 2.000
AH = (HT x -0.0167) + (WT x 0.0104) + 6.3239 - 2.2500
SD = (HT x 0.2743) + (WT x 0.0068) - 0.5368
White Female
SH = (HT x 0.3440) + (WT x -0.0134) - 5.1168 + 3.272
AH = (HT x 0.0488) + (WT x 0.0082) + 4.9521 - 0.5000
SD = (HT x 0.2579) + (WT x 0.0100) + 0.7331
Black Female
SH = (HT x 0.3730) + (WT x -0.0141) - 6.3841 + 3.272
AH = (HT x 0.0320) + (WT x 0.0093) + 4.6876 - 0.5000
SD = (HT x 0.2743) + (WT x 0.0106) + 0.3594
Hispanic Female
SH = (HT x 0.3418) + (WT x -0.0131) - 4.8746 + 3.272
AH = (HT x 0.0428) + (WT x 0.0058) + 5.3539
SD = (HT x 0.2604) + (WT x 0.0137) + 0.2194
Asian Female
SH = (HT x 0.2972) + (WT x 0.0053) - 1.4922 + 3.272
AH = (HT x -0.0059) + (WT x 0.01091) + 8.0591 - 0.5000
SD = (HT x 0.2724) + (WT x 0.0050) - 0.4282
All Female
SH = (HT x 0.3456) + (WT x -0.0128) - 5.2211 + 3.272
AH = (HT x 0.0516) + (WT x 0.0070) + 4.7553 - 0.5000
SD = (HT x 0.2627) + (WT x 0.0109) + 0.4044
Rounding Adjustment
WSHSIT rounds to 1" increments
If WSHSIT value is <x.750 round down to the inch increment
If WSHSIT value is > or = to x.750 round up to the inch increment
SH rounds to 0.250" increments
SH always move down to the 0.250" increment below SHC
SD rounds to 0.250" increments
SD always move down to the 0.250" increment below SDC
AH rounds to 0.500" increments
AH always move down to the 0.500" increment below AHC
168
To Fig. 8 cont.
To Fig. 8 cont.
210

Fig. 8

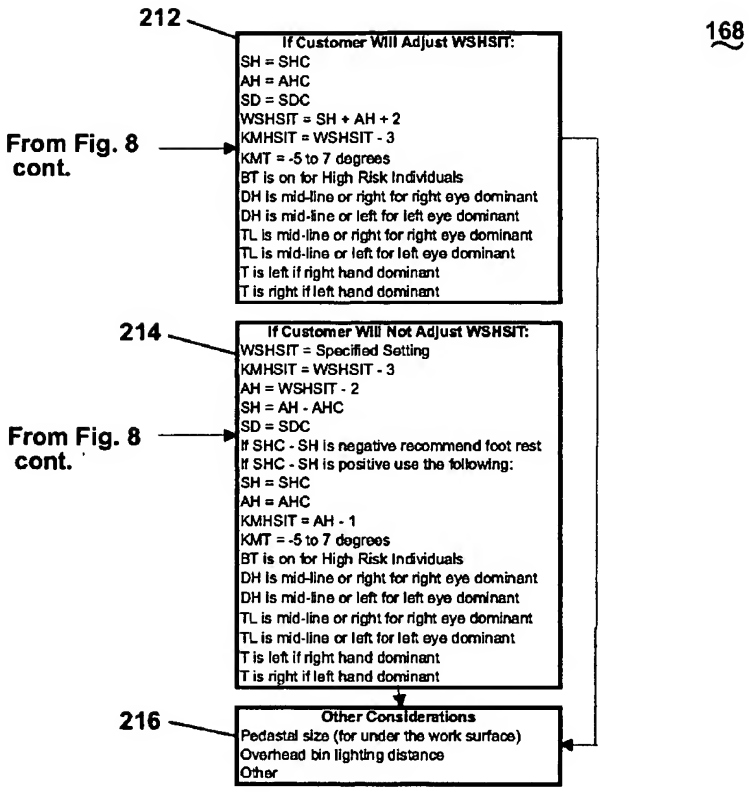
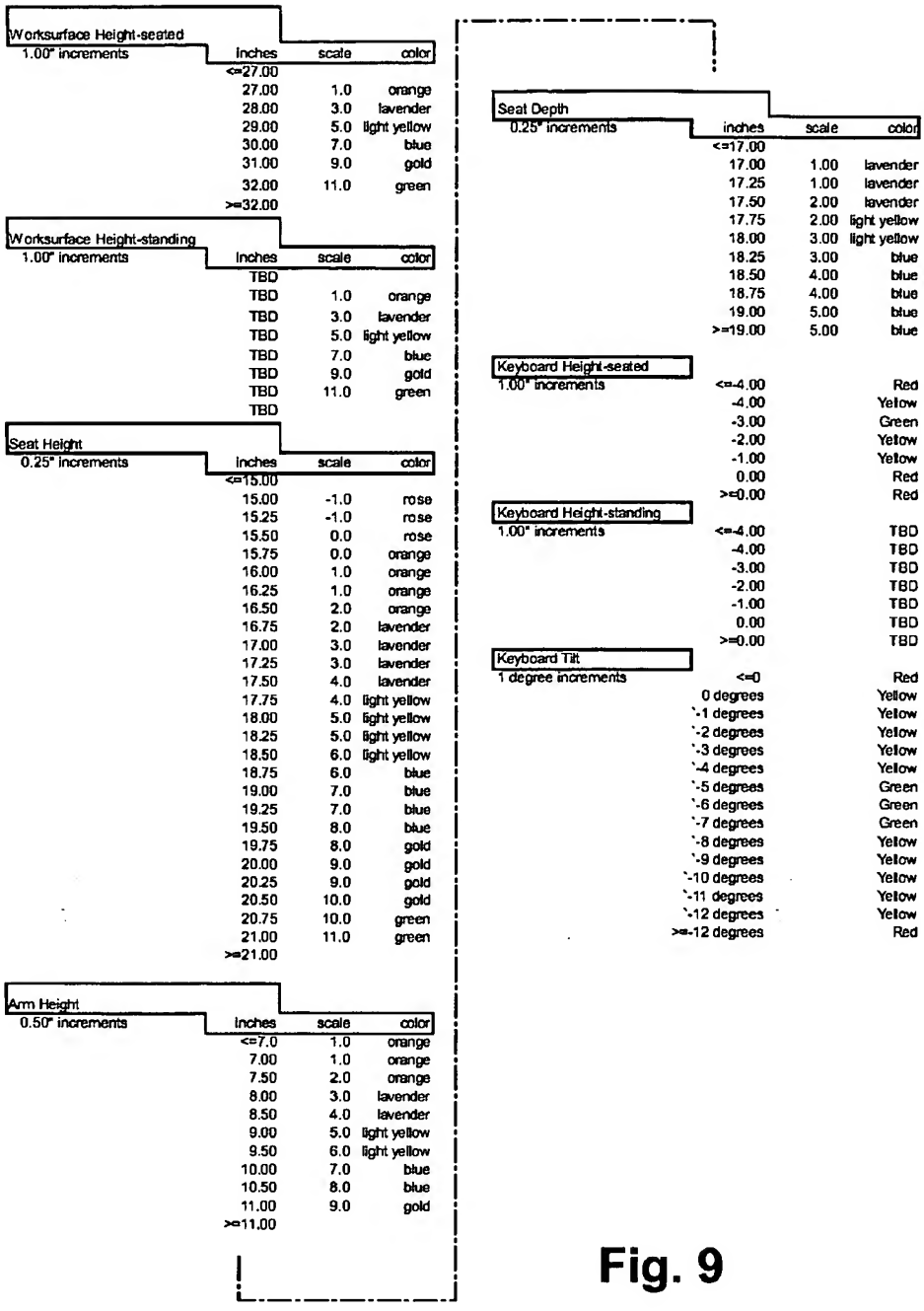

212
168
If Customer Will Adjust WSHSIT:
SH = SHC
AH = AHC
SD = SDC
WSHSIT = SH + AH + 2
KMHSIT = WSHSIT - 3
KMT = -5 to 7 degrees
BT is on for High Risk Individuals
DH is mid-line or right for right eye dominant
DH is mid-line or left for left eye dominant
TL is mid-line or right for right eye dominant
TL is mid-line or left for left eye dominant
T is left if right hand dominant
T is right if left hand dominant
From Fig. 8 cont.
214
If Customer Will Not Adjust WSHSIT:
WSHSIT = Specified Setting
KMHSIT = WSHSIT - 3
AH = WSHSIT - 2
SH = AH - AHC
SD = SDC
If SHC - SH is negative recommend foot rest
If SHC - SH is positive use the following:
SH = SHC
AH = AHC
KMHSIT = AH - 1
KMT = -5 to 7 degrees
BT is on for High Risk Individuals
DH is mid-line or right for right eye dominant
DH is mid-line or left for left eye dominant
TL is mid-line or right for right eye dominant
TL is mid-line or left for left eye dominant
T is left if right hand dominant
T is right if left hand dominant
From Fig. 8 cont.
216
Other Considerations
Pedastal size (for under the work surface)
Overhead bin lighting distance
Other

Fig. 8 cont.



Worksurface Height-seated
1.00" increments

Inches	scale	color
<=27.00		
27.00	1.0	orange
28.00	3.0	lavender
29.00	5.0	light yellow
30.00	7.0	blue
31.00	9.0	gold
32.00	11.0	green
>=32.00		

Worksurface Height-standing
1.00" increments

Inches	scale	color
TBD		
TBD	1.0	orange
TBD	3.0	lavender
TBD	5.0	light yellow
TBD	7.0	blue
TBD	9.0	gold
TBD	11.0	green
TBD		

Seat Height
0.25" increments

Inches	scale	color
<=15.00		
15.00	-1.0	rose
15.25	-1.0	rose
15.50	0.0	rose
15.75	0.0	orange
16.00	1.0	orange
16.25	1.0	orange
16.50	2.0	orange
16.75	2.0	lavender
17.00	3.0	lavender
17.25	3.0	lavender
17.50	4.0	lavender
17.75	4.0	light yellow
18.00	5.0	light yellow
18.25	5.0	light yellow
18.50	6.0	light yellow
18.75	6.0	blue
19.00	7.0	blue
19.25	7.0	blue
19.50	8.0	blue
19.75	8.0	gold
20.00	9.0	gold
20.25	9.0	gold
20.50	10.0	gold
20.75	10.0	green
21.00	11.0	green
>=21.00		

Arm Height
0.50" increments

Inches	scale	color
<=7.0	1.0	orange
7.00	1.0	orange
7.50	2.0	orange
8.00	3.0	lavender
8.50	4.0	lavender
9.00	5.0	light yellow
9.50	6.0	light yellow
10.00	7.0	blue
10.50	8.0	blue
11.00	9.0	gold
>=11.00		

Seat Depth
0.25" increments

inches	scale	color
<=17.00		
17.00	1.00	lavender
17.25	1.00	lavender
17.50	2.00	lavender
17.75	2.00	light yellow
18.00	3.00	light yellow
18.25	3.00	blue
18.50	4.00	blue
18.75	4.00	blue
19.00	5.00	blue
>=19.00	5.00	blue

Keyboard Height-seated
1.00" increments

<=-4.00	Red
-4.00	Yellow
-3.00	Green
-2.00	Yellow
-1.00	Yellow
0.00	Red
>=0.00	Red

Keyboard Height-standing
1.00" increments

<=-4.00	TBD
-4.00	TBD
-3.00	TBD
-2.00	TBD
-1.00	TBD
0.00	TBD
>=0.00	TBD

Keyboard Tilt
1 degree increments

<=0	Red
0 degrees	Yellow
-1 degrees	Yellow
-2 degrees	Yellow
-3 degrees	Yellow
-4 degrees	Yellow
-5 degrees	Green
-6 degrees	Green
-7 degrees	Green
-8 degrees	Yellow
-9 degrees	Yellow
-10 degrees	Yellow
-11 degrees	Yellow
-12 degrees	Yellow
>=-12 degrees	Red

Fig. 9

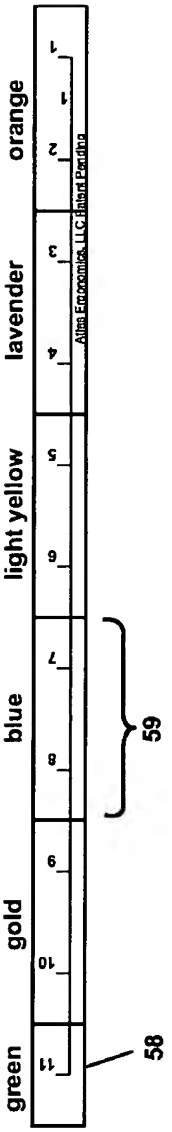

orange
lavender
light yellow
blue
gold
green
1
2
3
4
5
6
7
8
9
10
11
59
58
Allen Engineering, LLC Patent Pending

Fig. 10

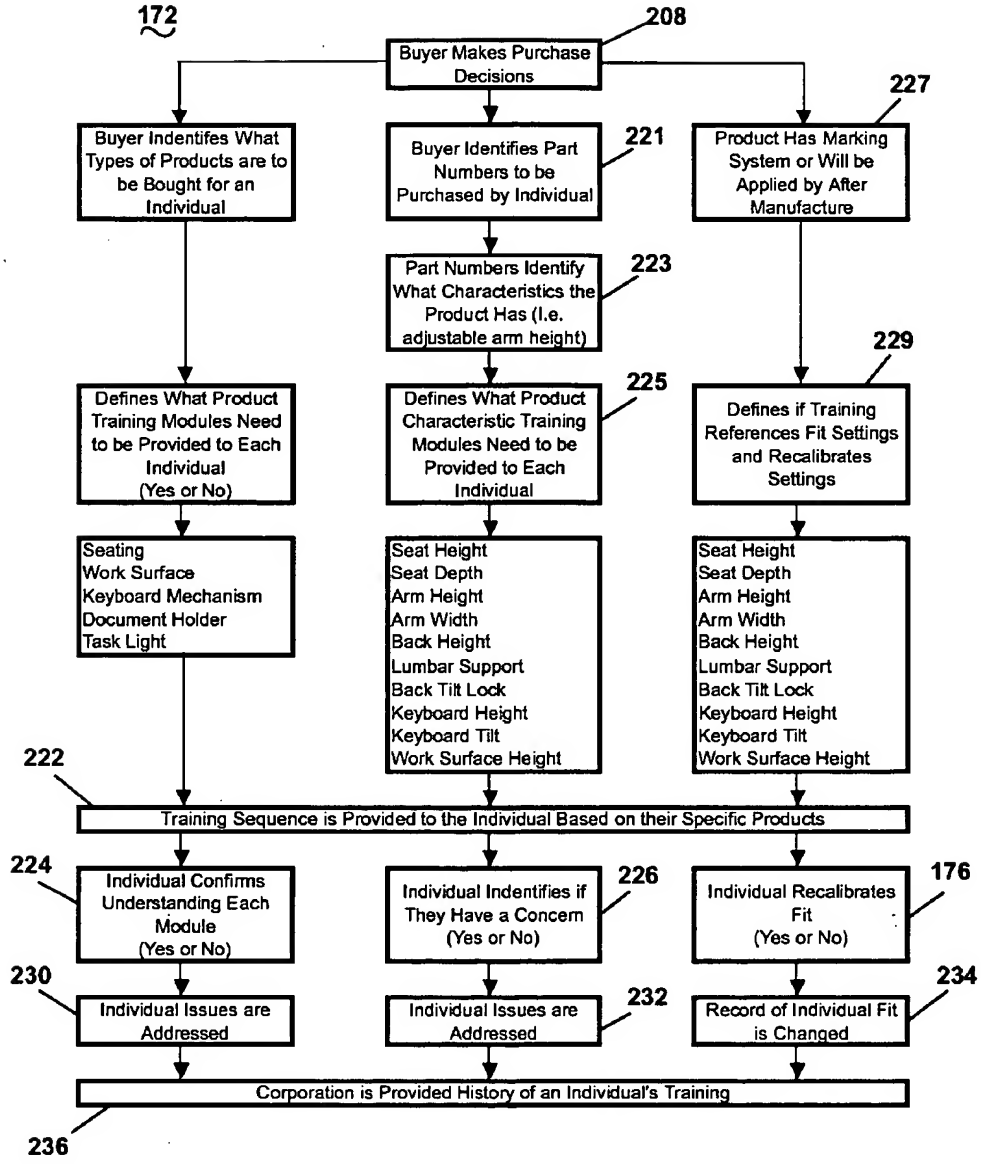

172
208
Buyer Makes Purchase Decisions
227
Buyer Indentifes What Types of Products are to be Bought for an Individual
Buyer Identifies Part Numbers to be Purchased by Individual
221
Product Has Marking System or Will be Applied by After Manufacture
Part Numbers Identify What Characteristics the Product Has (I.e. adjustable arm height)
223
229
Defines What Product Training Modules Need to be Provided to Each Individual (Yes or No)
Defines What Product Characteristic Training Modules Need to be Provided to Each Individual
225
Defines if Training References Fit Settings and Recalibrates Settings
Seating
Work Surface
Keyboard Mechanism
Document Holder
Task Light
Seat Height
Seat Depth
Arm Height
Arm Width
Back Height
Lumbar Support
Back Tilt Lock
Keyboard Height
Keyboard Tilt
Work Surface Height
Seat Height
Seat Depth
Arm Height
Arm Width
Back Height
Lumbar Support
Back Tilt Lock
Keyboard Height
Keyboard Tilt
Work Surface Height
222
Training Sequence is Provided to the Individual Based on their Specific Products
224
Individual Confirms Understanding Each Module (Yes or No)
Individual Indentifies if They Have a Concern (Yes or No)
226
Individual Recalibrates Fit (Yes or No)
176
230
Individual Issues are Addressed
Individual Issues are Addressed
232
Record of Individual Fit is Changed
234
Corporation is Provided History of an Individual's Training
236

Fig. 11

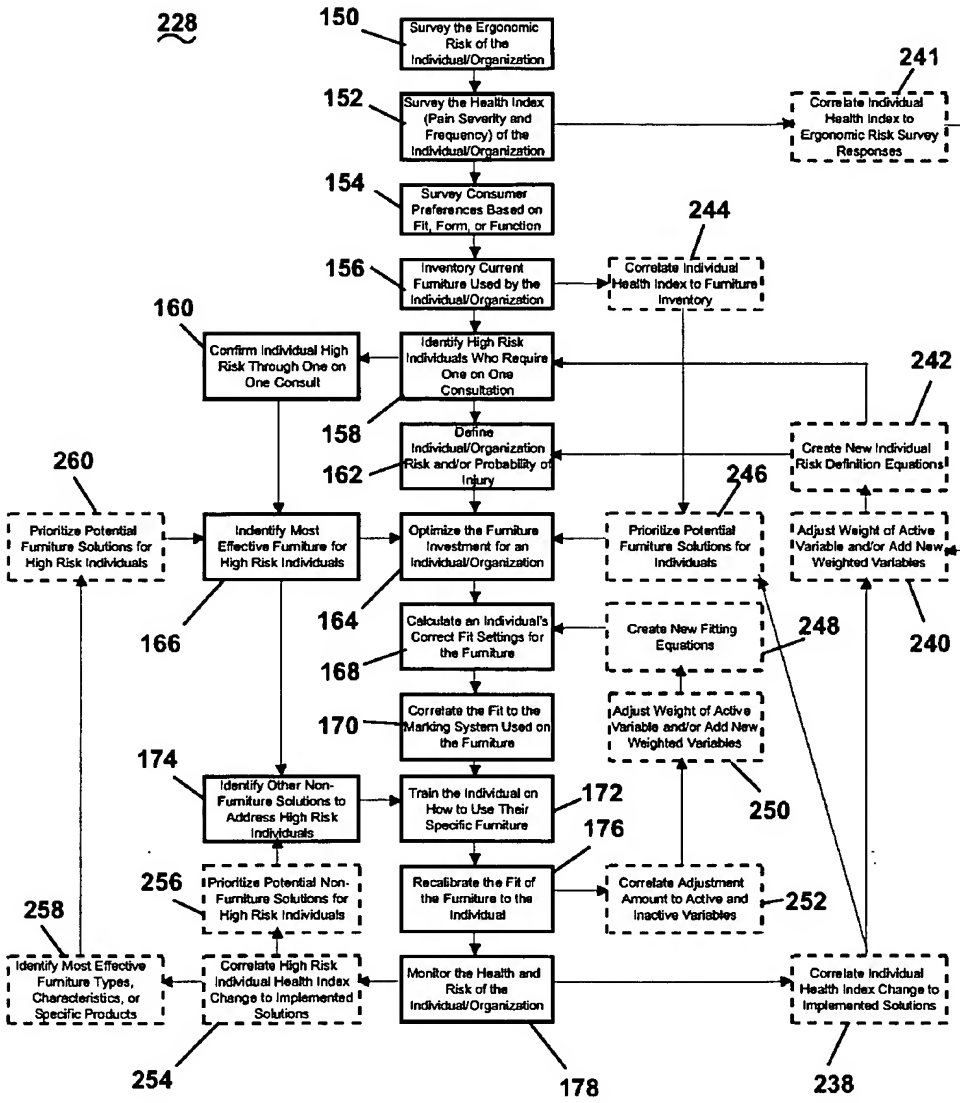

228
150
Survey the Ergonomic Risk of the Individual/Organization
241
152
Survey the Health Index (Pain Severity and Frequency) of the Individual/Organization
Correlate Individual Health Index to Ergonomic Risk Survey Responses
154
Survey Consumer Preferences Based on Fit, Form, or Function
244
156
Inventory Current Furniture Used by the Individual/Organization
Correlate Individual Health Index to Furniture Inventory
160
Confirm Individual High Risk Through One on One Consult
Identify High Risk Individuals Who Require One on One Consultation
242
158
Define Individual/Organization Risk and/or Probability of Injury
Create New Individual Risk Definition Equations
260
162
246
Prioritize Potential Furniture Solutions for High Risk Individuals
Indentify Most Effective Furniture for High Risk Individuals
Optimize the Furniture Investment for an Individual/Organization
Prioritize Potential Furniture Solutions for Individuals
Adjust Weight of Active Variable and/or Add New Weighted Variables
166
164
Calculate an Individual's Correct Fit Settings for the Furniture
Create New Fitting Equations
248
240
168
Correlate the Fit to the Marking System Used on the Furniture
Adjust Weight of Active Variable and/or Add New Weighted Variables
170
174
Identify Other Non-Furniture Solutions to Address High Risk Individuals
Train the Individual on How to Use Their Specific Furniture
172
250
176
256
Prioritize Potential Non-Furniture Solutions for High Risk Individuals
Recalibrate the Fit of the Furniture to the Individual
Correlate Adjustment Amount to Active and Inactive Variables
252
258
Identify Most Effective Furniture Types, Characteristics, or Specific Products
Correlate High Risk Individual Health Index Change to Implemented Solutions
Monitor the Health and Risk of the Individual/Organization
Correlate Individual Health Index Change to Implemented Solutions
254
178
238

Fig. 12

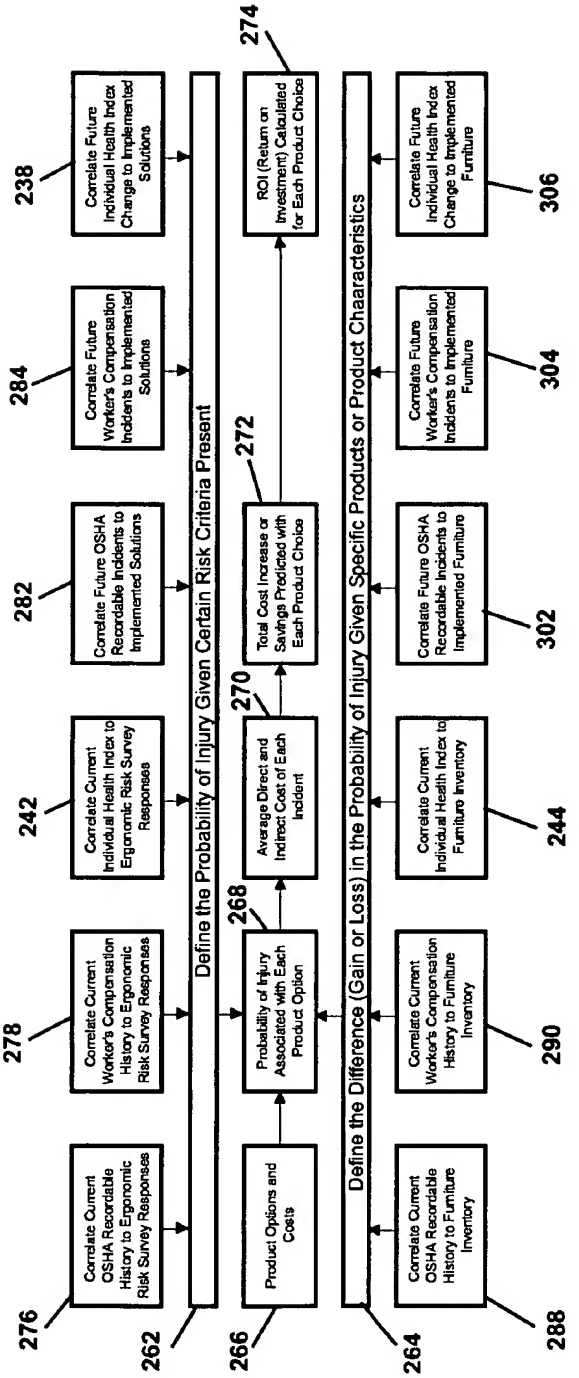

Define the Probability of Injury Given Certain Risk Criteria Present
Define the Difference (Gain or Loss) in the Probability of Injury Given Specific Products or Product Chaaracteristics
Correlate Current OSHA Recordable History to Ergonomic Risk Survey Responses
Correlate Current Worker's Compensation History to Ergonomic Risk Survey Responses
Correlate Current Individual Health Index to Ergonomic Risk Survey Responses
Correlate Future OSHA Recordable Incidents to Implemented Solutions
Correlate Future Worker's Compensation Incidents to Implemented Solutions
Correlate Future Individual Health Index Change to Implemented Solutions
Product Options and Costs
Probability of Injury Associated with Each Product Option
Average Direct and Indirect Cost of Each Incident
Total Cost Increase or Savings Predicted with Each Product Choice
ROI (Return on Investment) Calculated for Each Product Choice
Correlate Current OSHA Recordable History to Furniture Inventory
Correlate Current Worker's Compensation History to Furniture Inventory
Correlate Current Individual Health Index to Furniture Inventory
Correlate Future OSHA Recordable Incidents to Implemented Furniture
Correlate Future Worker's Compensation Incidents to Implemented Furniture
Correlate Future Individual Health Index Change to Implemented Furniture
262
264
266
268
270
272
274
276
278
282
284
288
290
238
242
244
302
304
306

Fig. 13

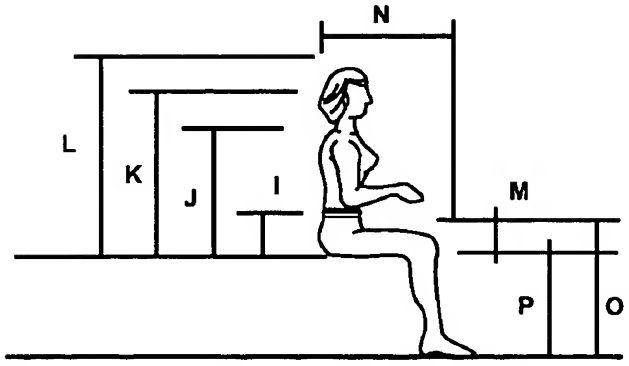


Fig. 14

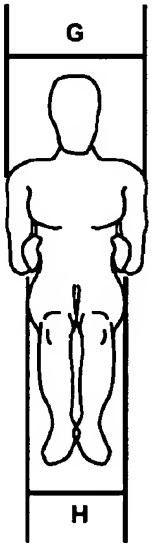


Fig. 15

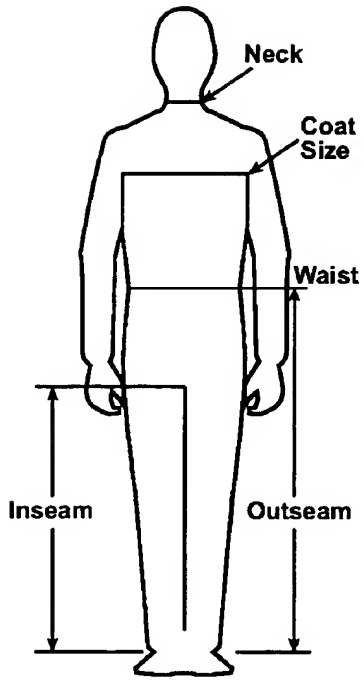

Neck
Coat Size
Waist
Inseam
Outseam

Fig. 16

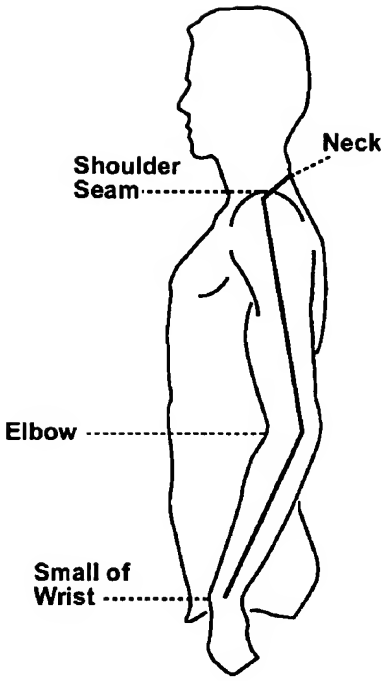

Neck
Shoulder Seam
Elbow
Small of Wrist

Fig. 17

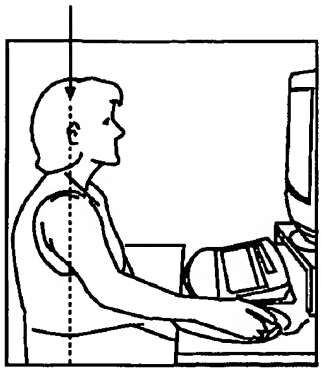


Fig. 18

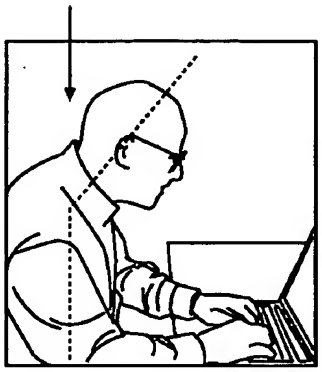


Fig. 19

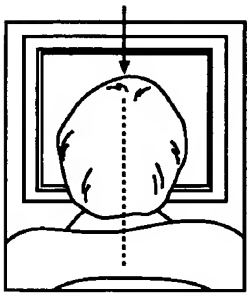


Fig. 20

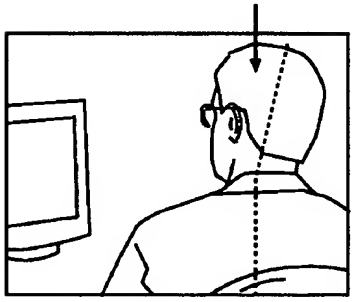
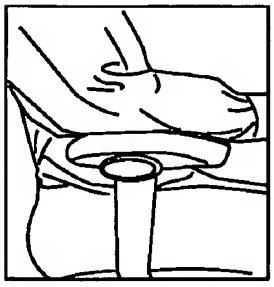


Fig. 21



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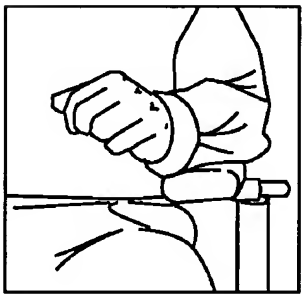

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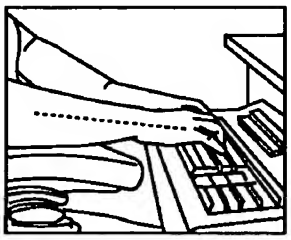
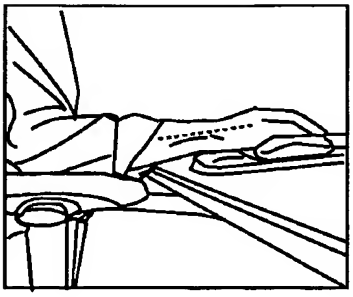


Fig. 24



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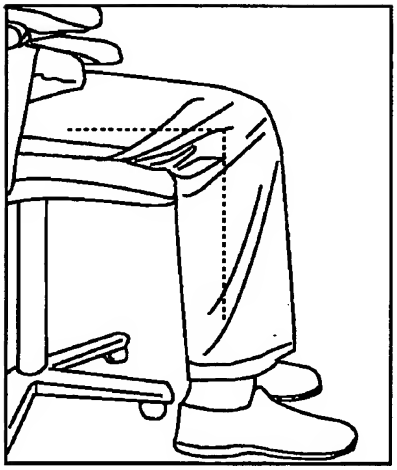

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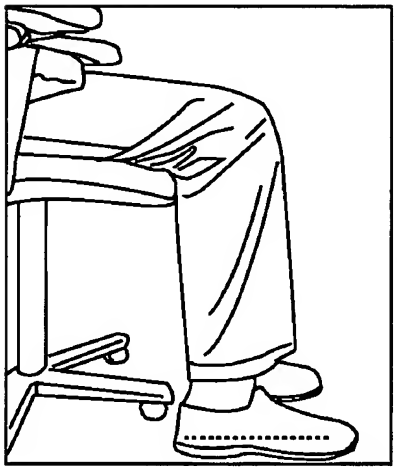

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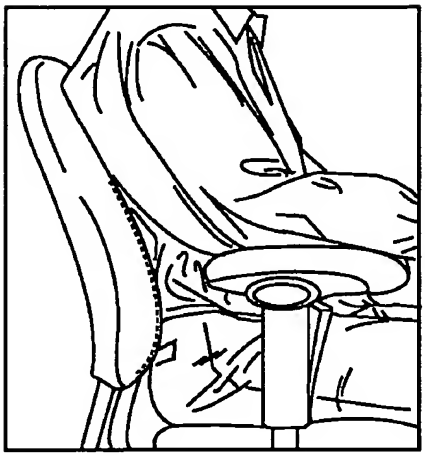

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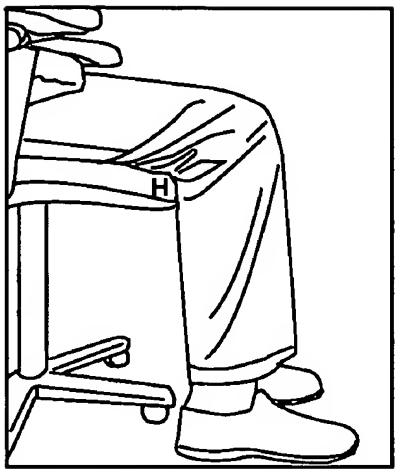
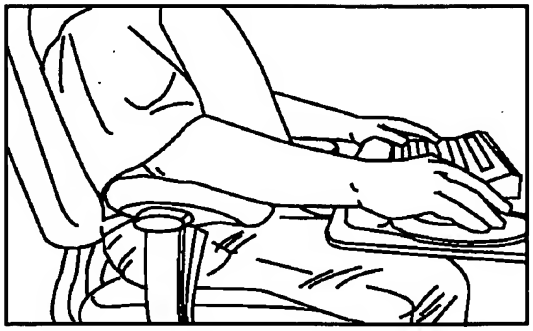


Fig. 29



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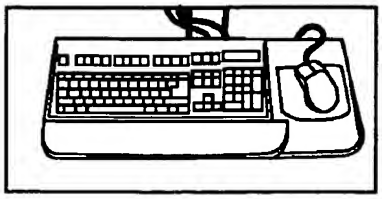
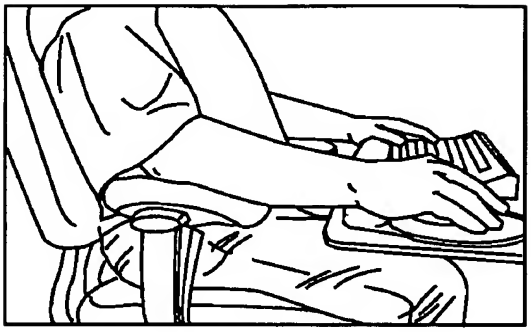


Fig. 31



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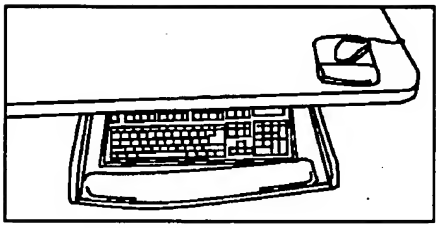

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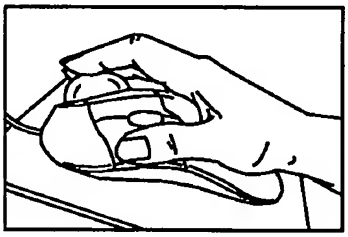

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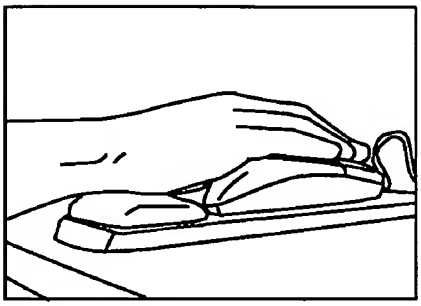


Fig. 35

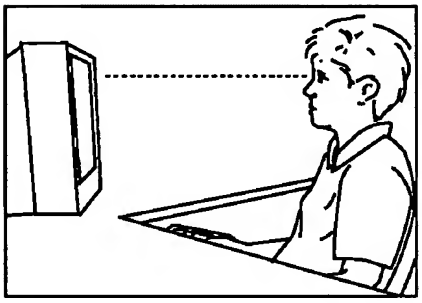


Fig. 36

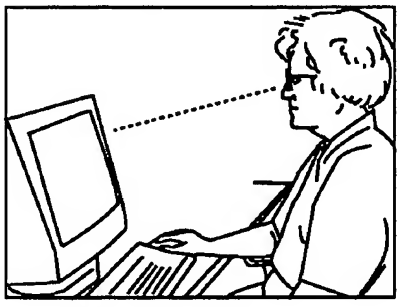
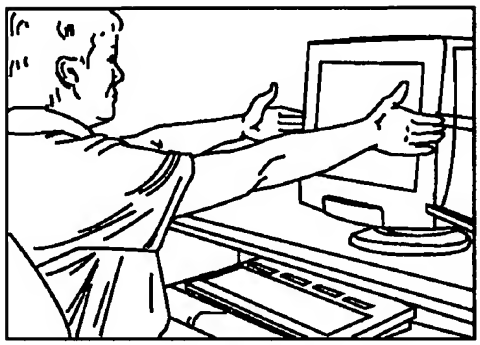


Fig. 37



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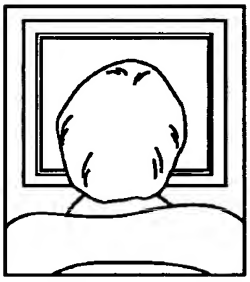
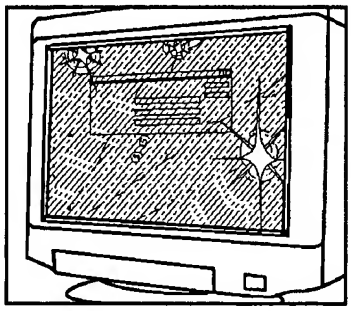


Fig. 39

Fig. 40



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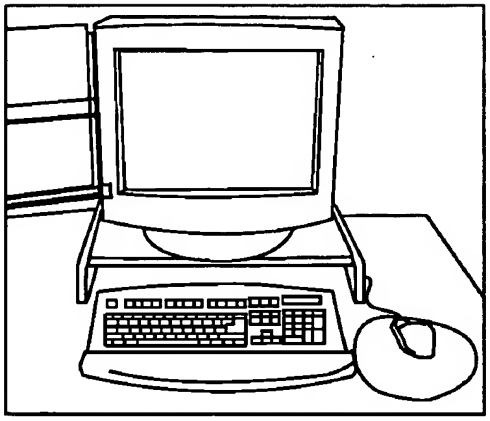


Fig. 42

Fig. 43

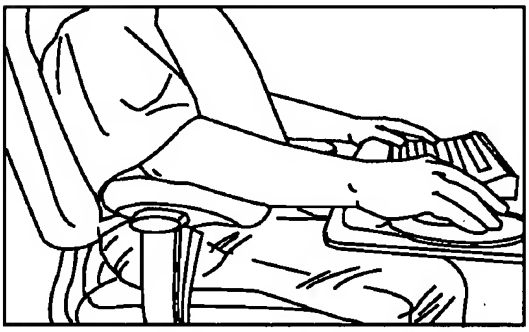
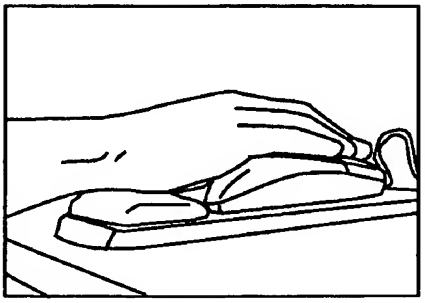


Fig. 44



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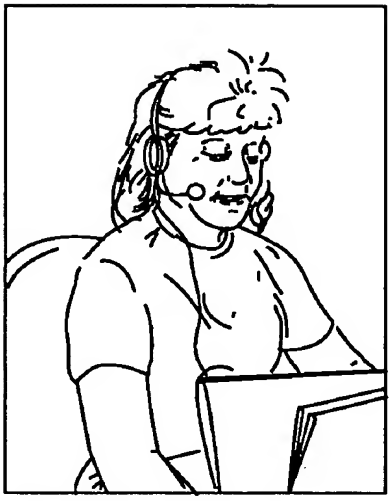


Fig. 46

Fig. 47

Survey:

- **How long is your typical workday?**
  - < 2 hours
  - 2-4 hours
  - > 4 hours
  - > 8 hours
  - > 10 hours
- **What percentage of your workday are you performing computing tasks?**
  - <10%
  - 10-25%
  - 25-50%
  - 50-75%
  - >75%
- **Beyond your work life, how many hours per day do you typically use the computer at home?**
  - < 1 hour
  - 1-2 hours
  - 2-4 hours
  - > 4 hours
- **With regards to work, who will be using your computer?**
  - Single user (only me)
  - Multiple user (I share my computer with a co-worker)
- **With regards to work, what kind of computer do you use?**
  - Desktop computer
  - Laptop computer
  - Handheld computing / PDA's
- **With regards to work, what kind of work will the computer be used for?**
  - Word processing
  - Graphic design
  - Data entry
  - Surfing the net
  - Games
- **Phone usage**
  - Infrequent (0-10% of workday)
  - Occasional (10-33% of workday)
  - Frequent (33-66% of workday)
  - Constant (>66% of workday)
- **Use of Source Document**
  - Infrequent (0-10% of workday)
  - Occasional (10-33% of workday)
  - Frequent (33-66% of workday)
  - Constant (>66% of workday)

Fig. 48

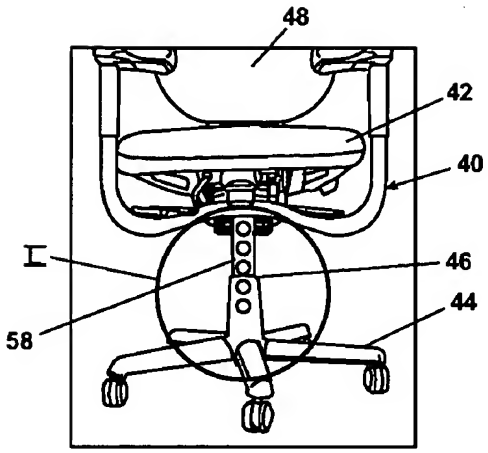


Fig. 49

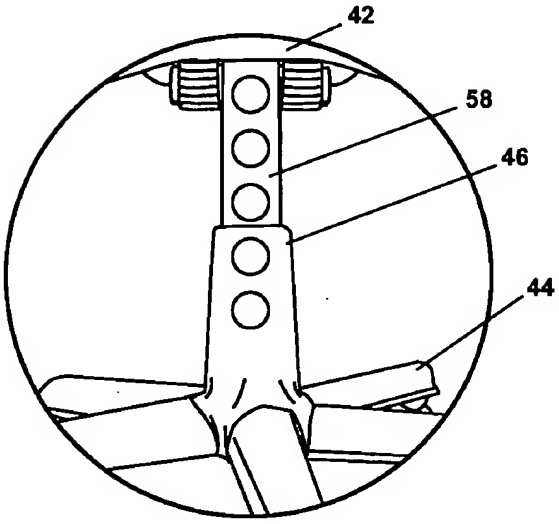


Fig. 50

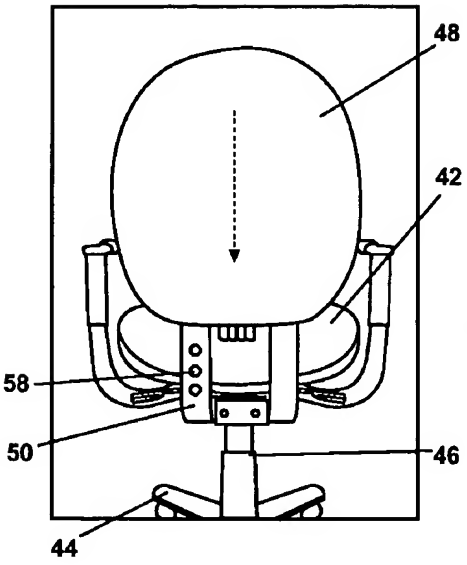


Fig. 51

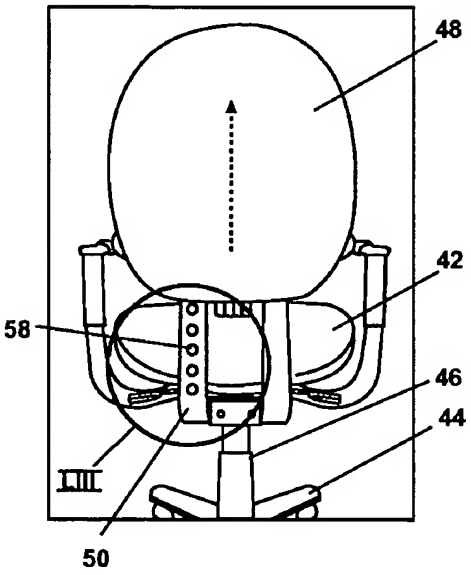


Fig. 52

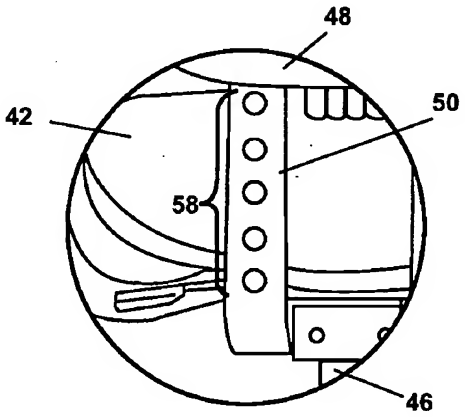


Fig. 53

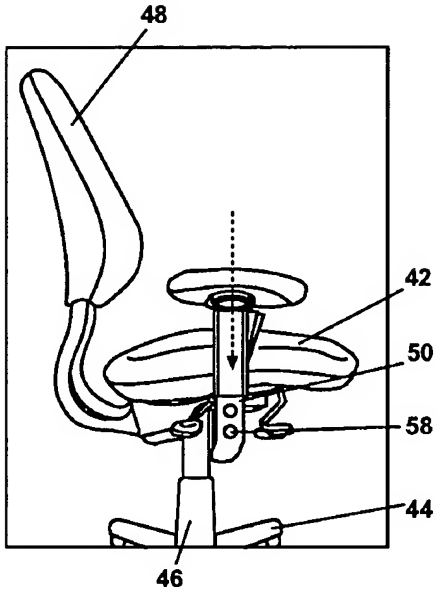


Fig. 54

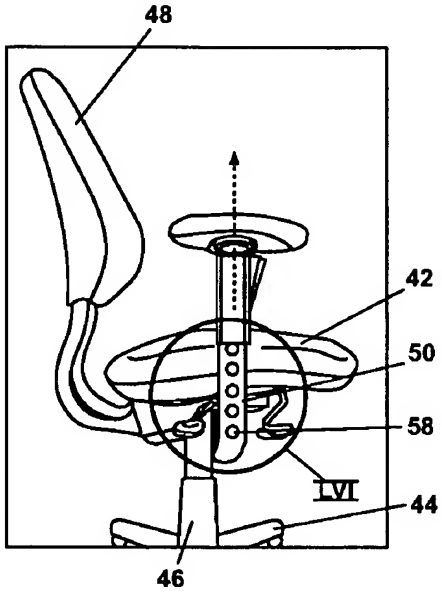


Fig. 55

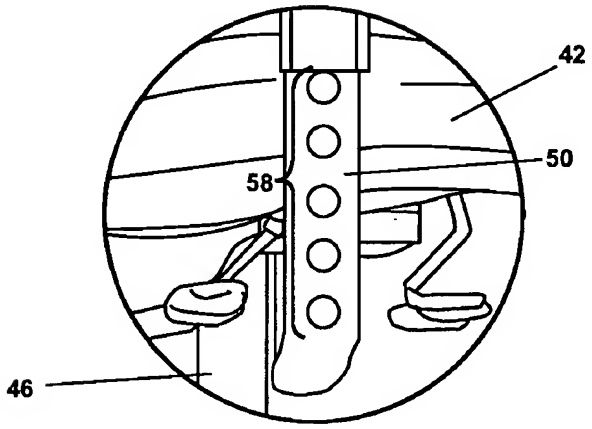
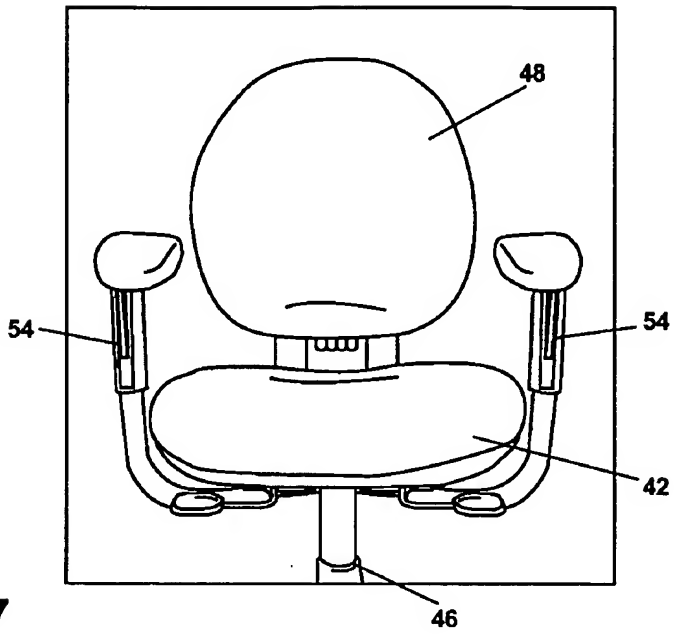


Fig. 56



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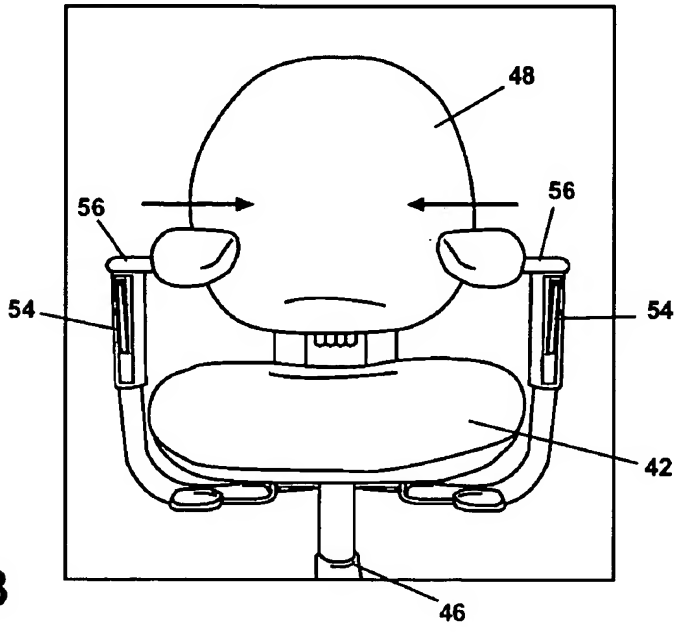

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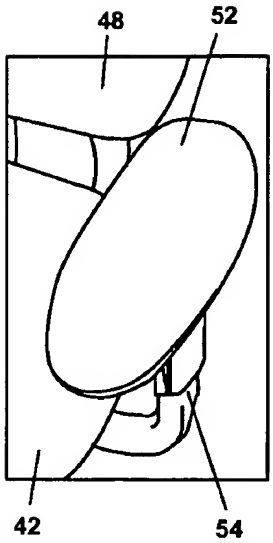

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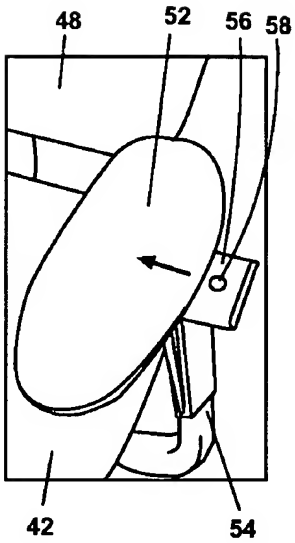

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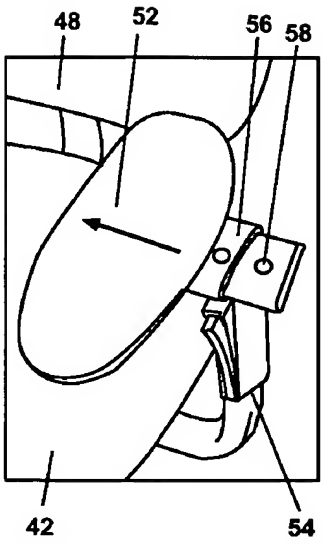

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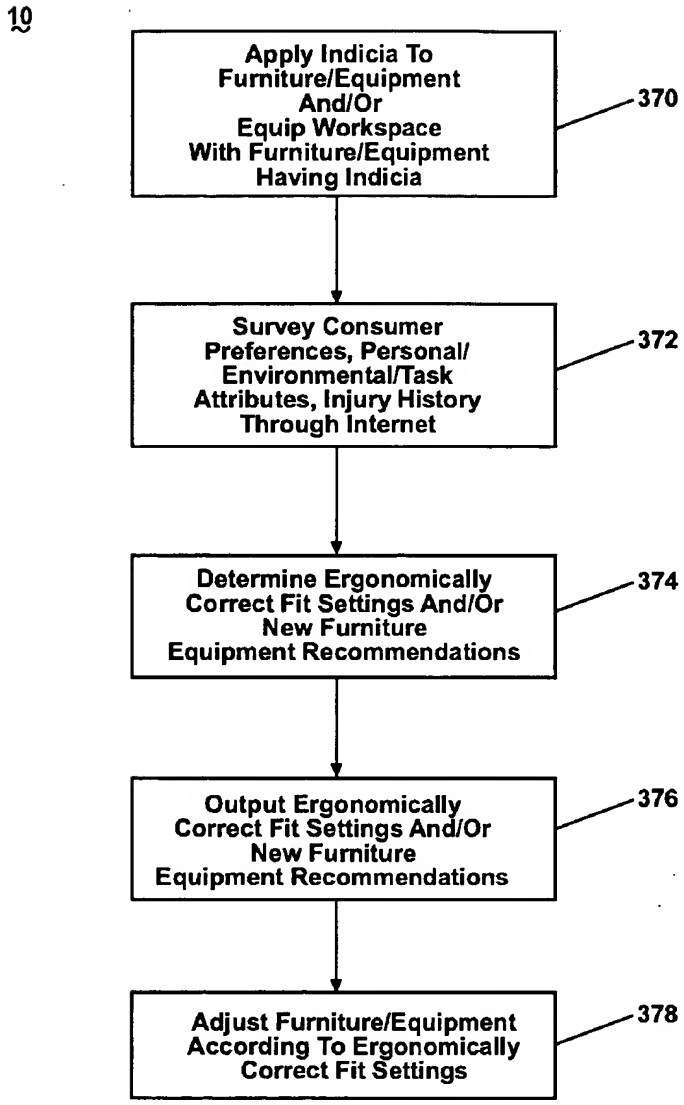

10
Apply Indicia To Furniture/Equipment And/Or Equip Workspace With Furniture/Equipment Having Indicia
370
Survey Consumer Preferences, Personal/ Environmental/Task Attributes, Injury History Through Internet
372
Determine Ergonomically Correct Fit Settings And/Or New Furniture Equipment Recommendations
374
Output Ergonomically Correct Fit Settings And/Or New Furniture Equipment Recommendations
376
Adjust Furniture/Equipment According To Ergonomically Correct Fit Settings
378

Fig. 62

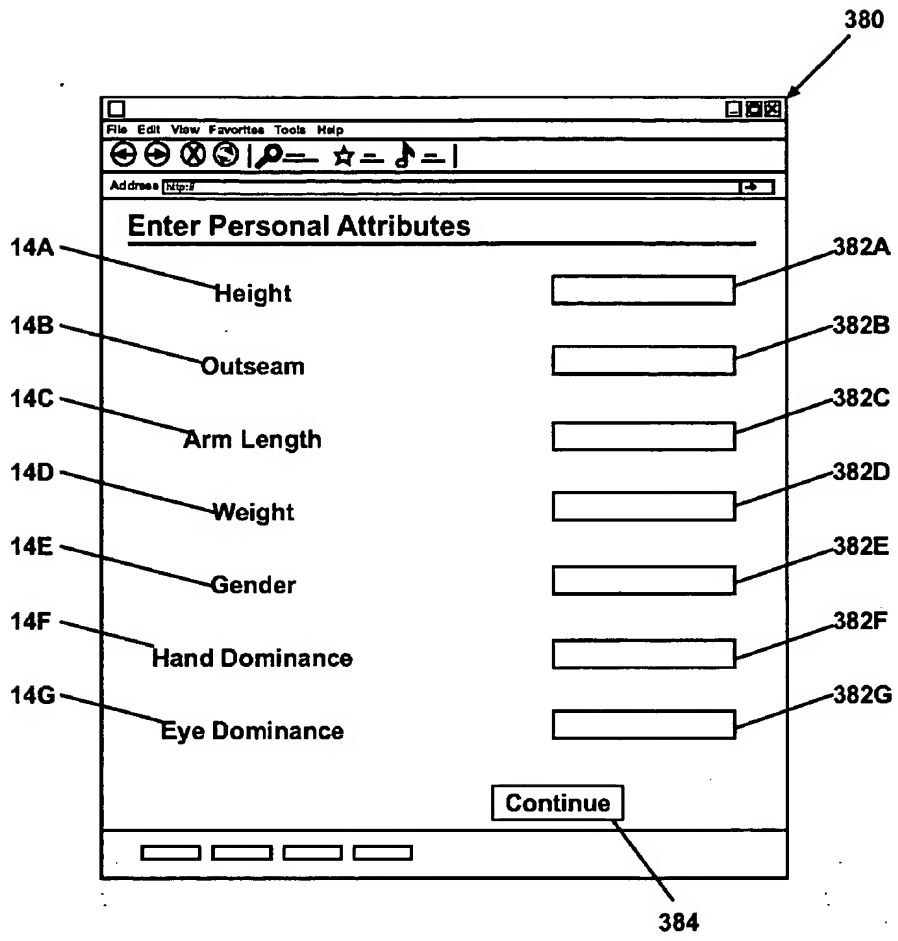

380
File Edit View Favorites Tools Help
Address
Enter Personal Attributes
14A
Height
382A
14B
Outseam
382B
14C
Arm Length
382C
14D
Weight
382D
14E
Gender
382E
14F
Hand Dominance
382F
14G
Eye Dominance
382G
Continue
384

Fig. 63

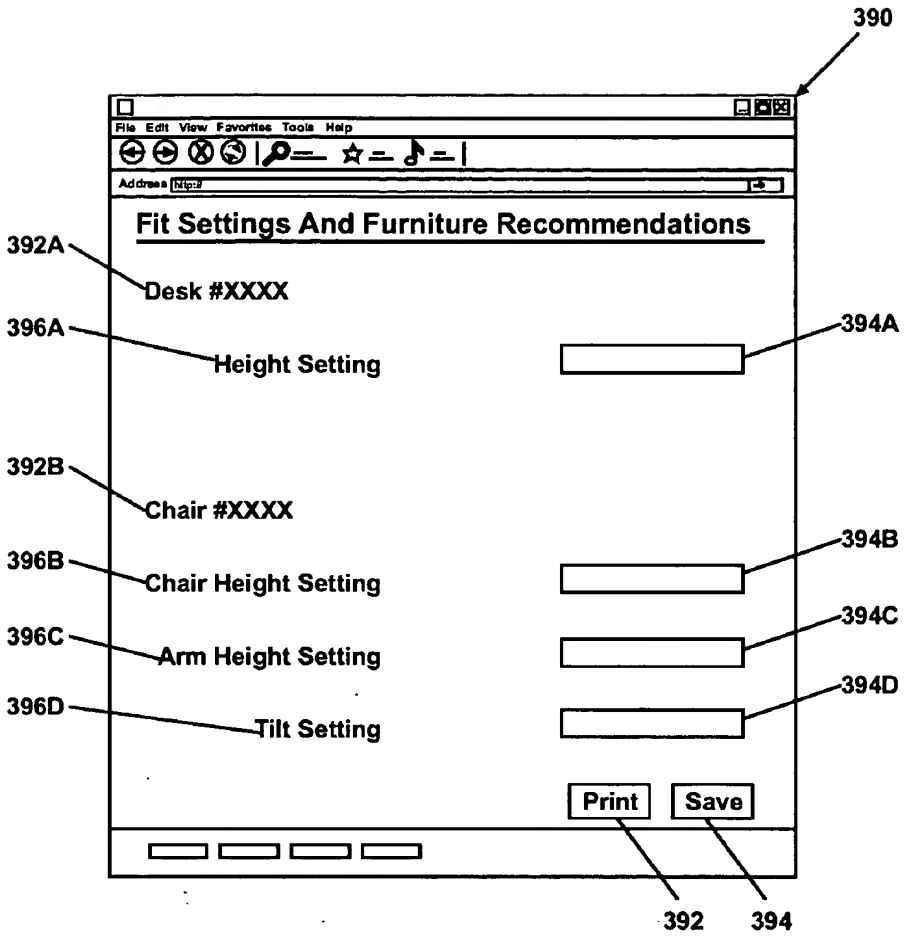

390
File Edit View Favorites Tools Help
Address http://
Fit Settings And Furniture Recommendations
392A
Desk #XXXX
396A
Height Setting
394A
392B
Chair #XXXX
396B
Chair Height Setting
394B
396C
Arm Height Setting
394C
396D
Tilt Setting
394D
Print
Save
392
394

Fig. 64

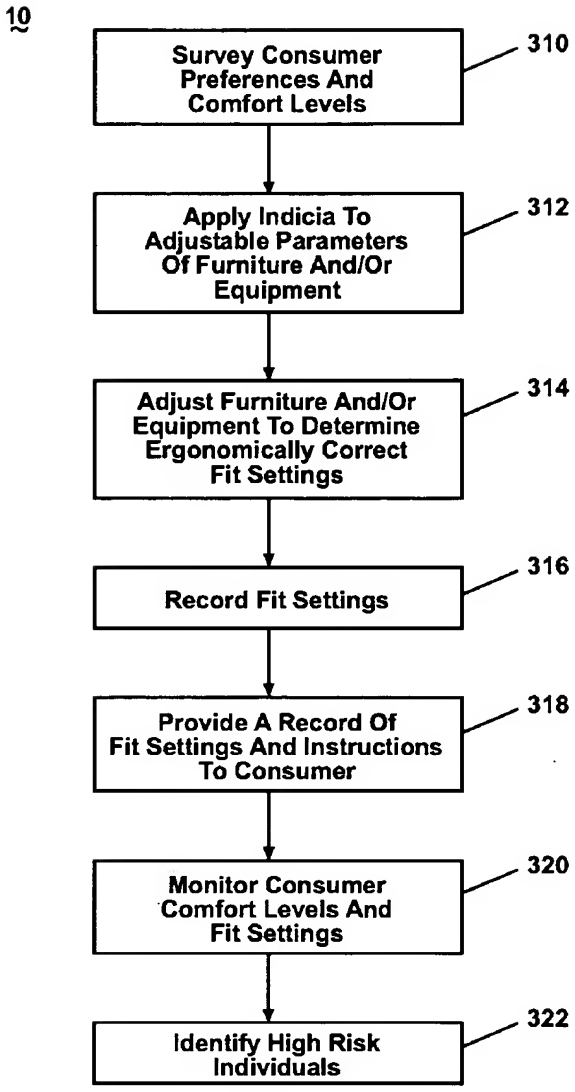
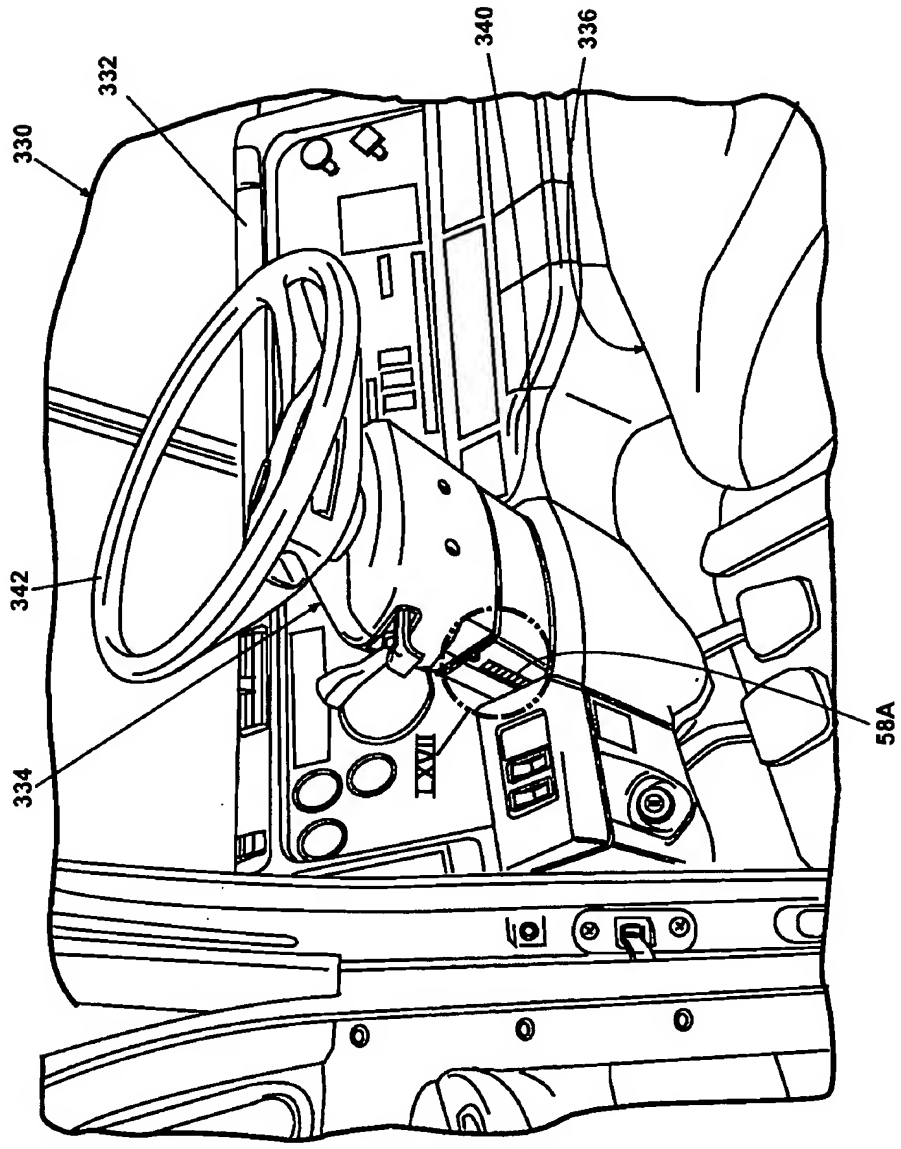

10
Survey Consumer Preferences And Comfort Levels
310
Apply Indicia To Adjustable Parameters Of Furniture And/Or Equipment
312
Adjust Furniture And/Or Equipment To Determine Ergonomically Correct Fit Settings
314
Record Fit Settings
316
Provide A Record Of Fit Settings And Instructions To Consumer
318
Monitor Consumer Comfort Levels And Fit Settings
320
Identify High Risk Individuals
322

Fig. 65



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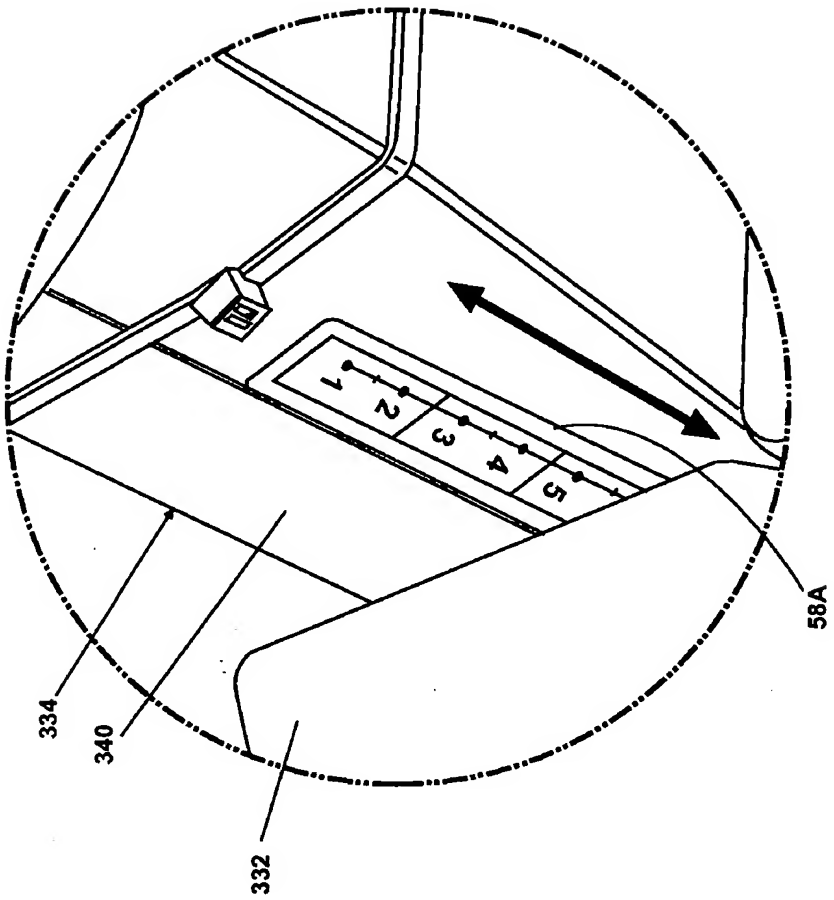

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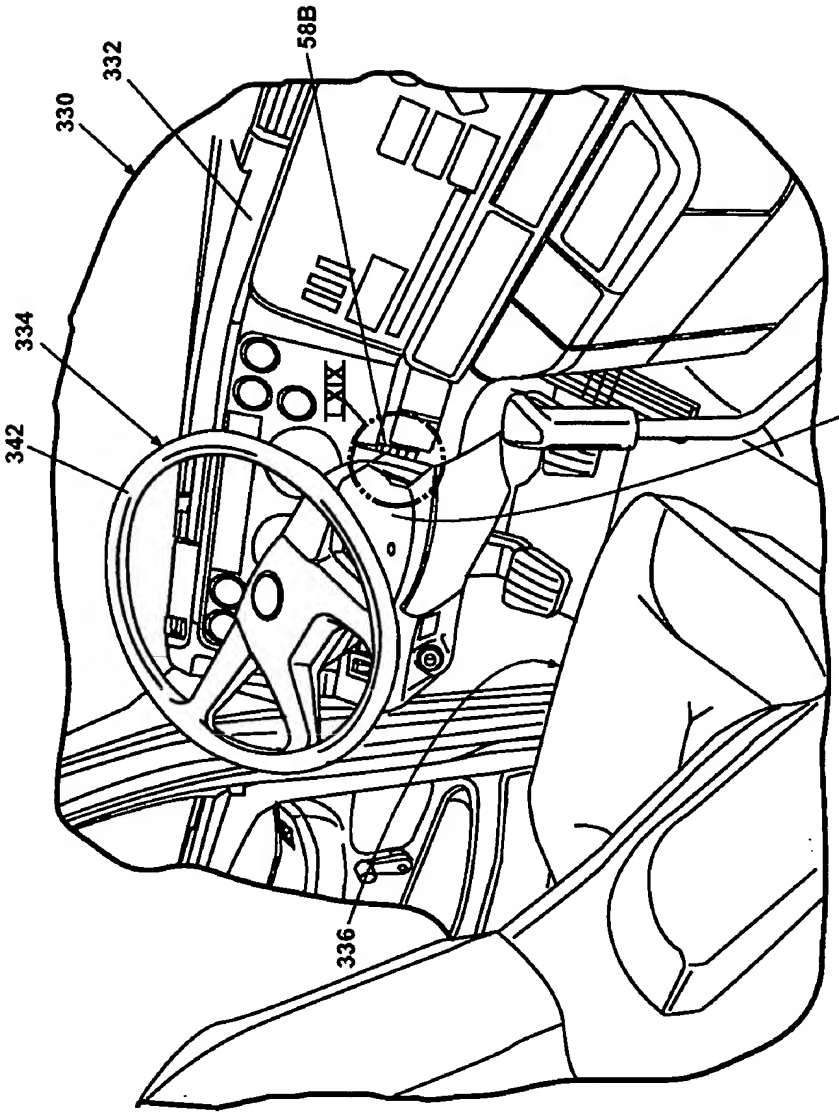

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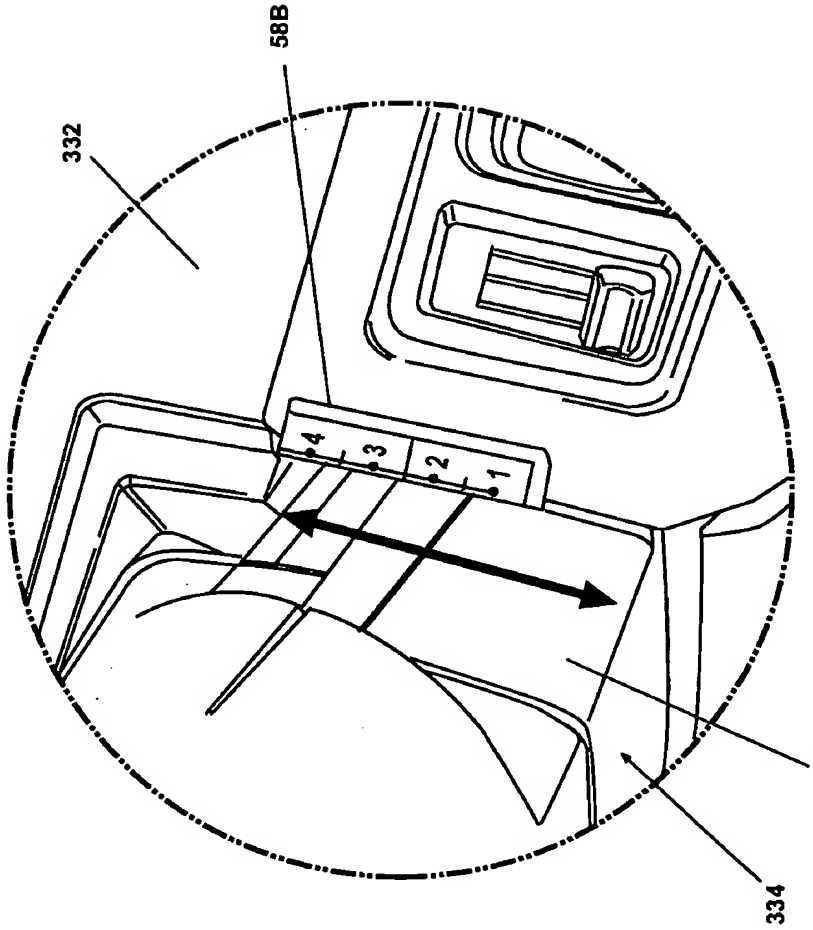

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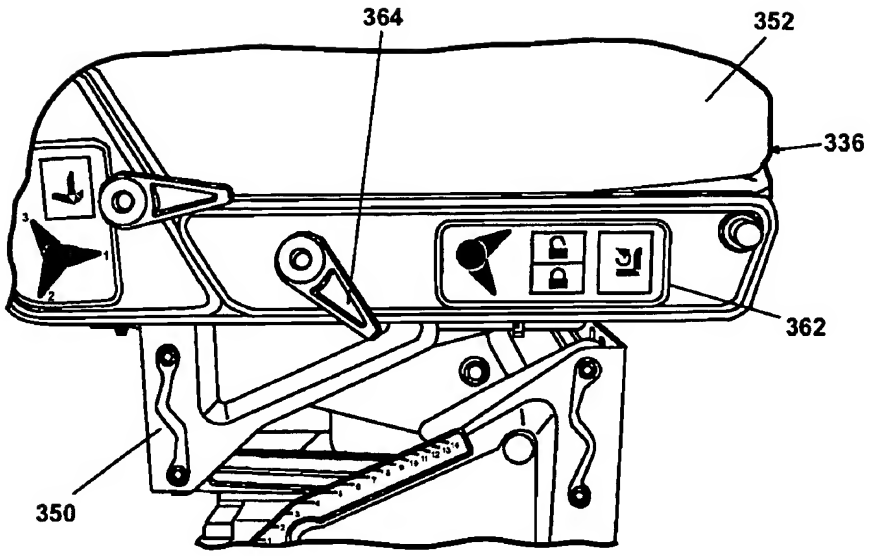

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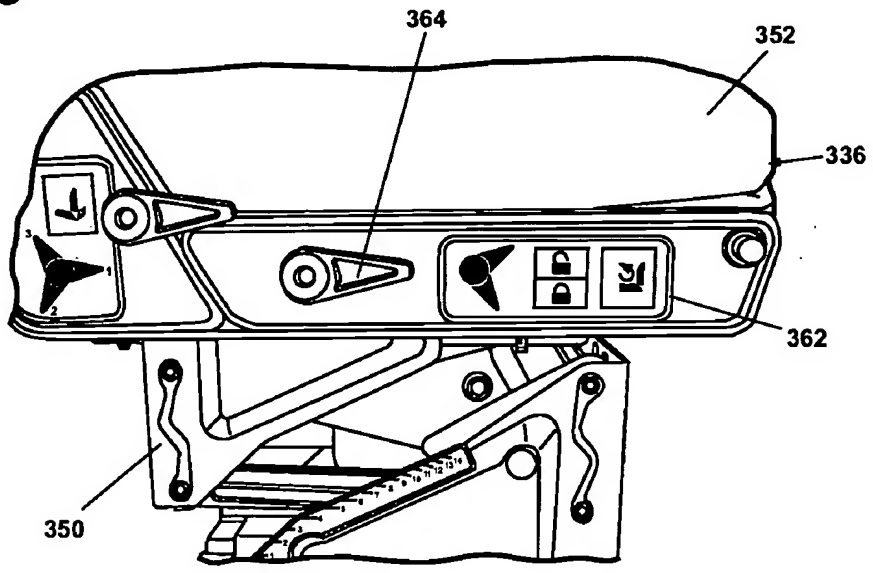


Fig. 71

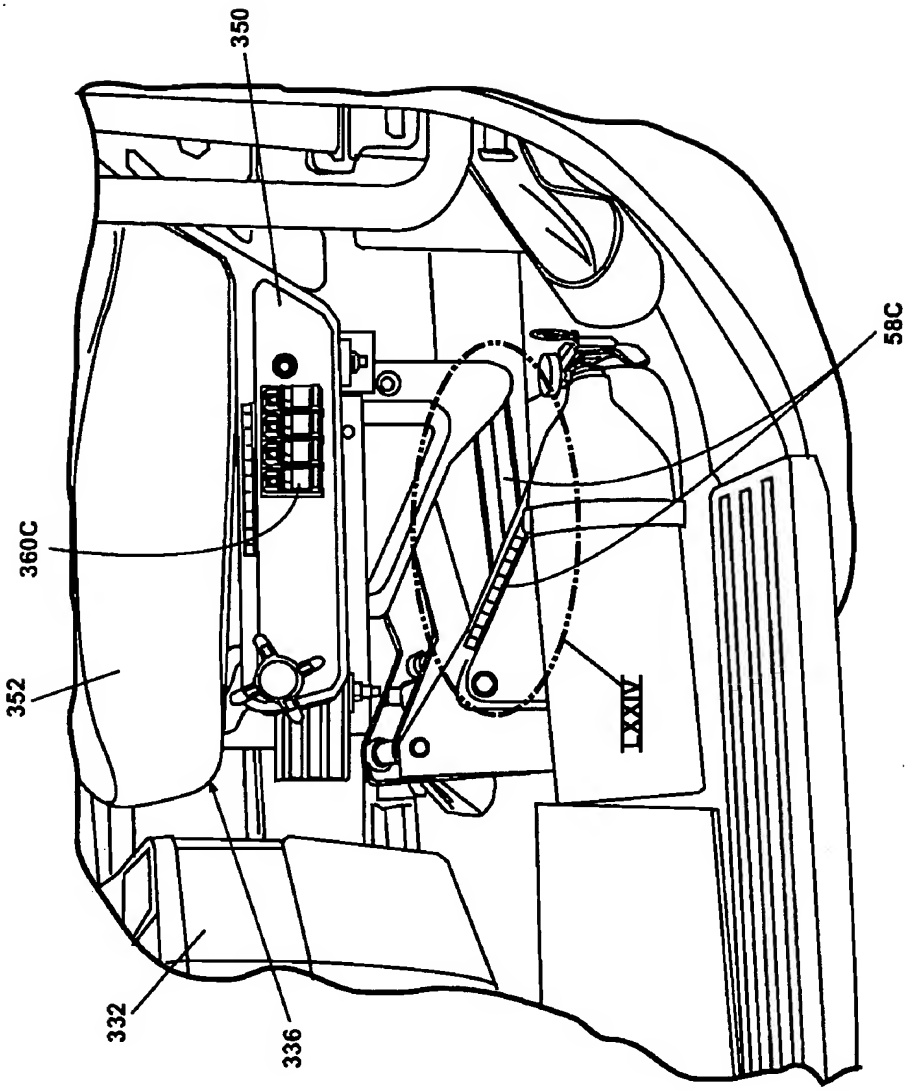


Fig. 72

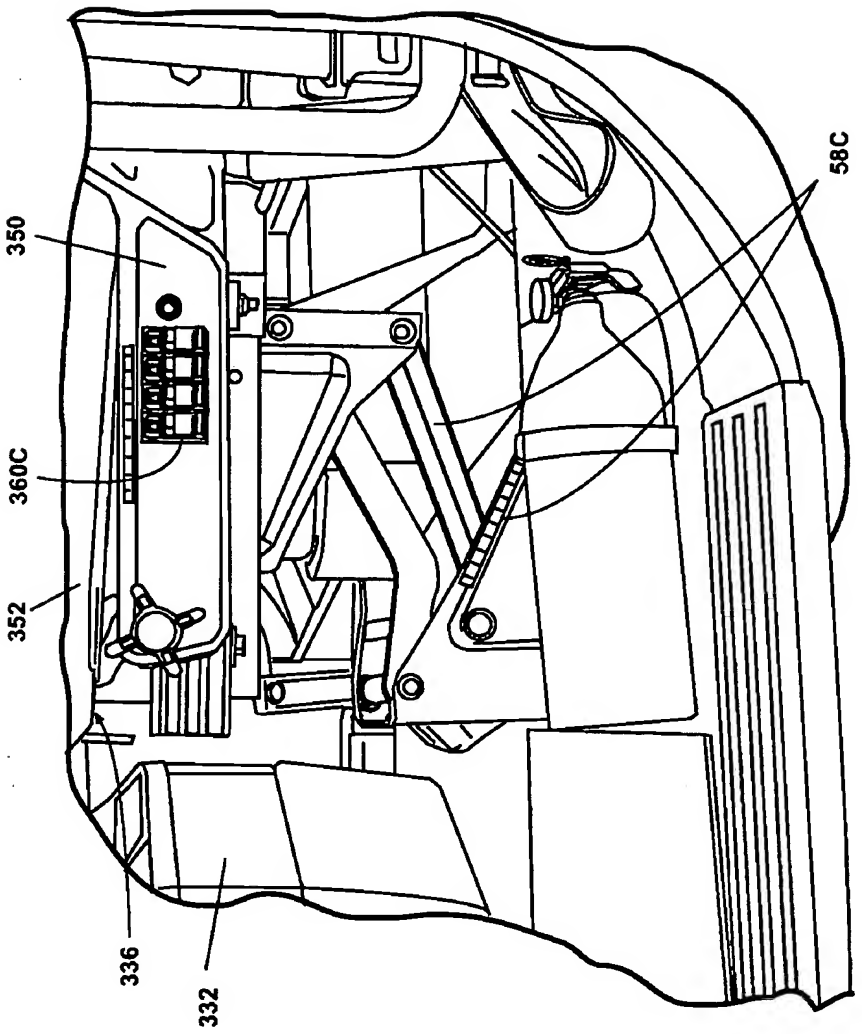
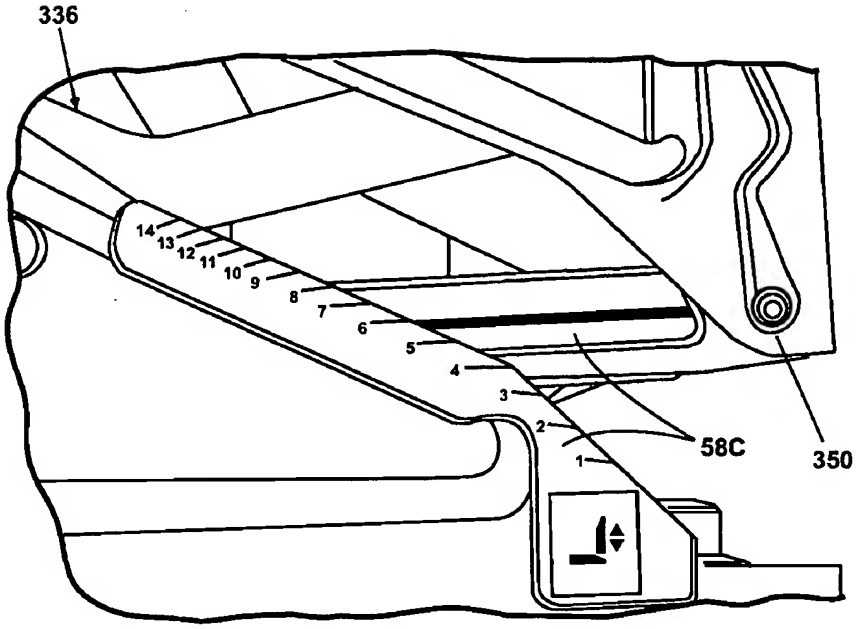


Fig. 73



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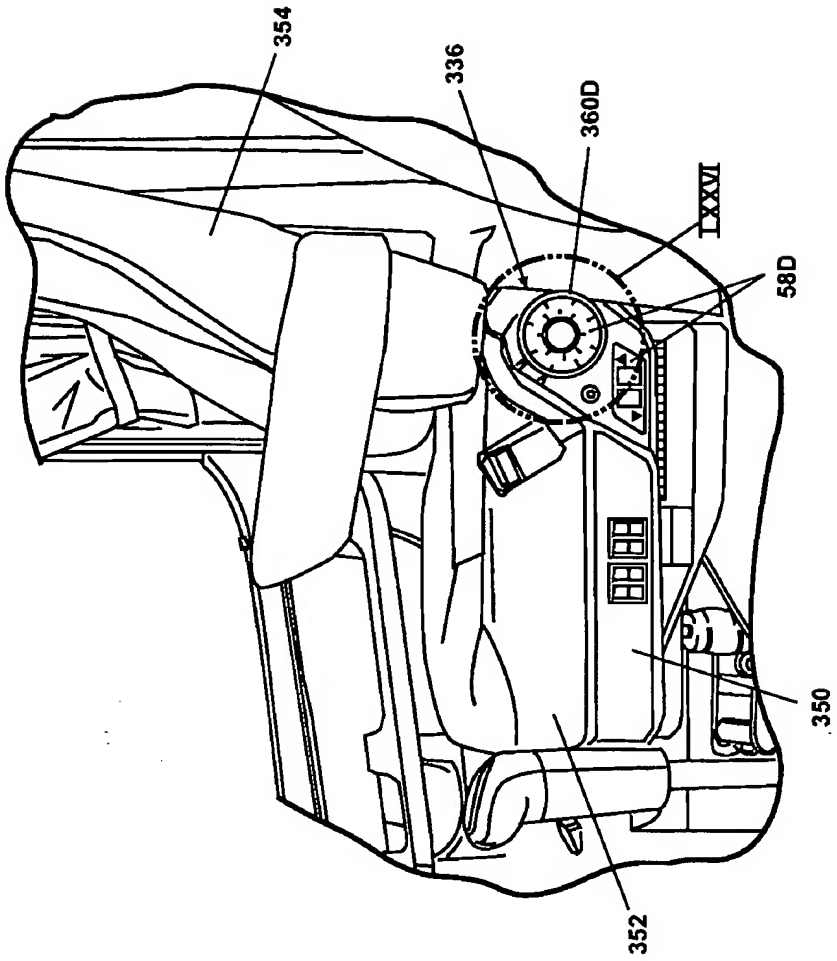
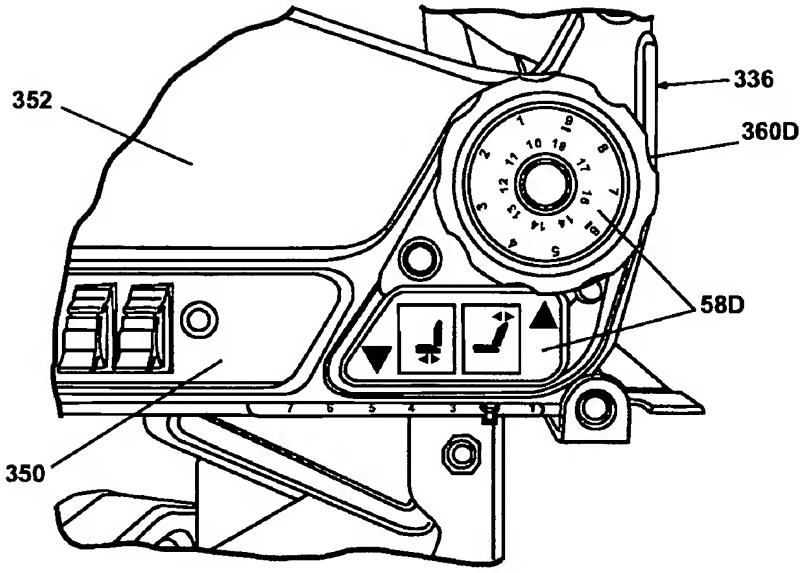


Fig. 75



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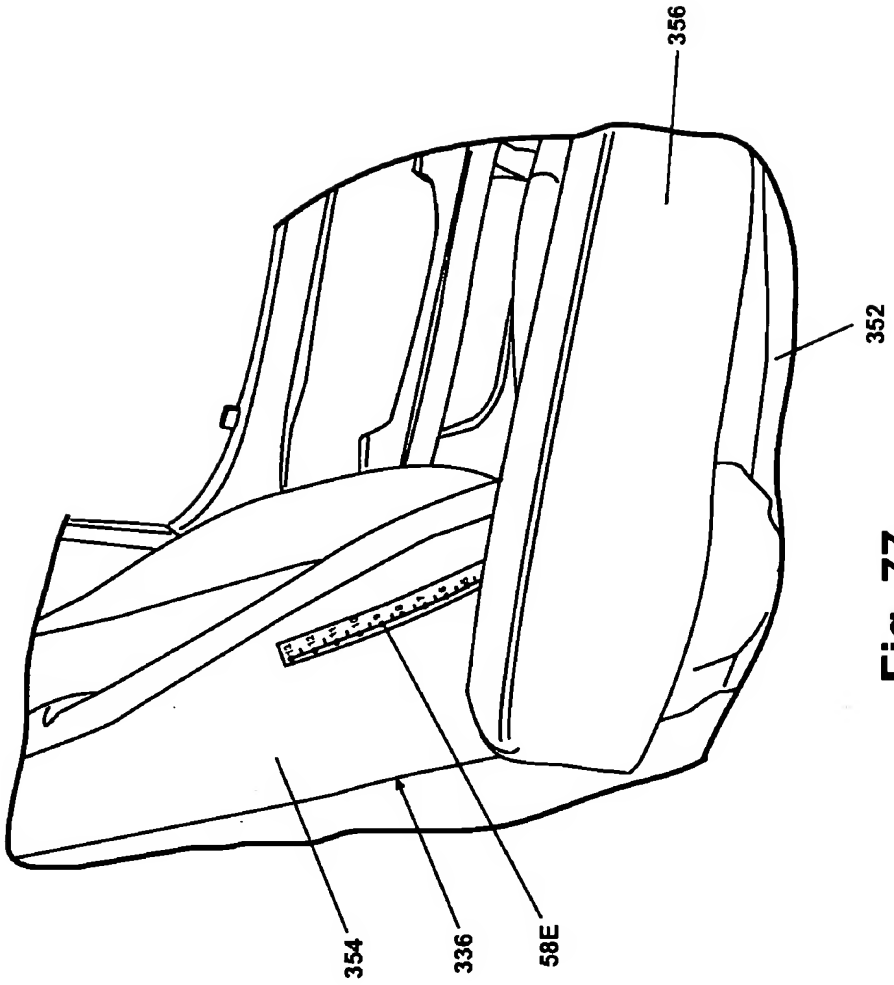


Fig. 77

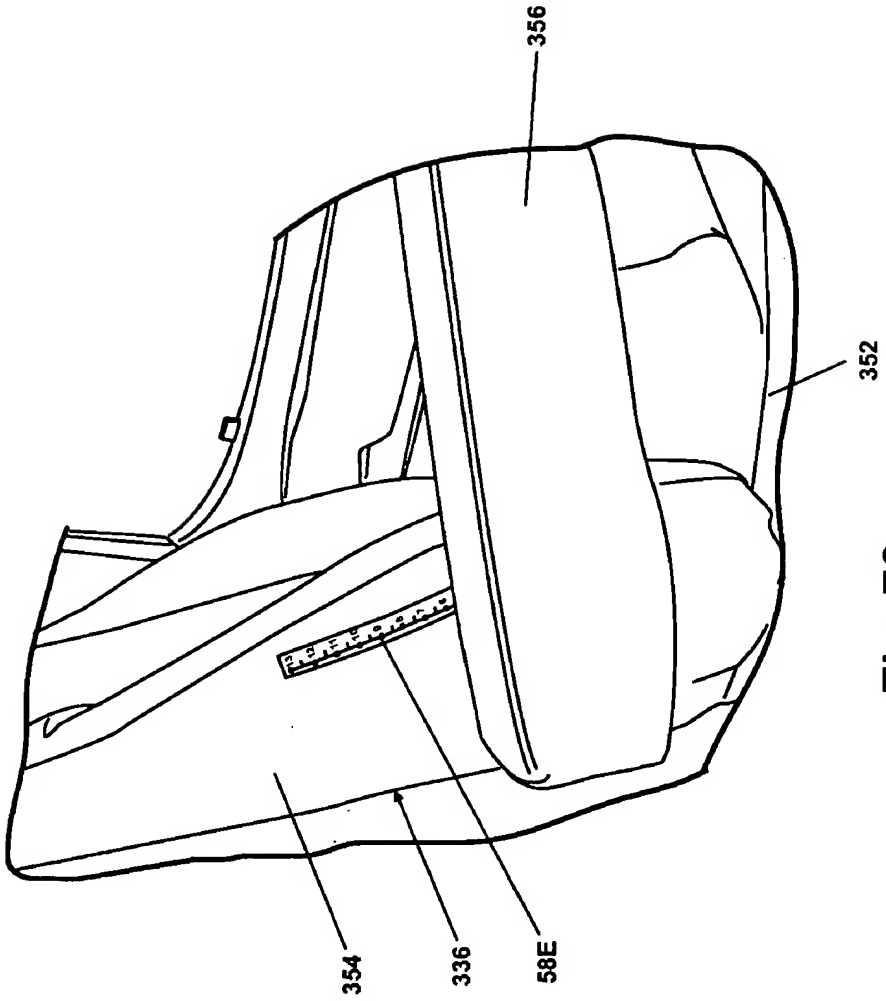
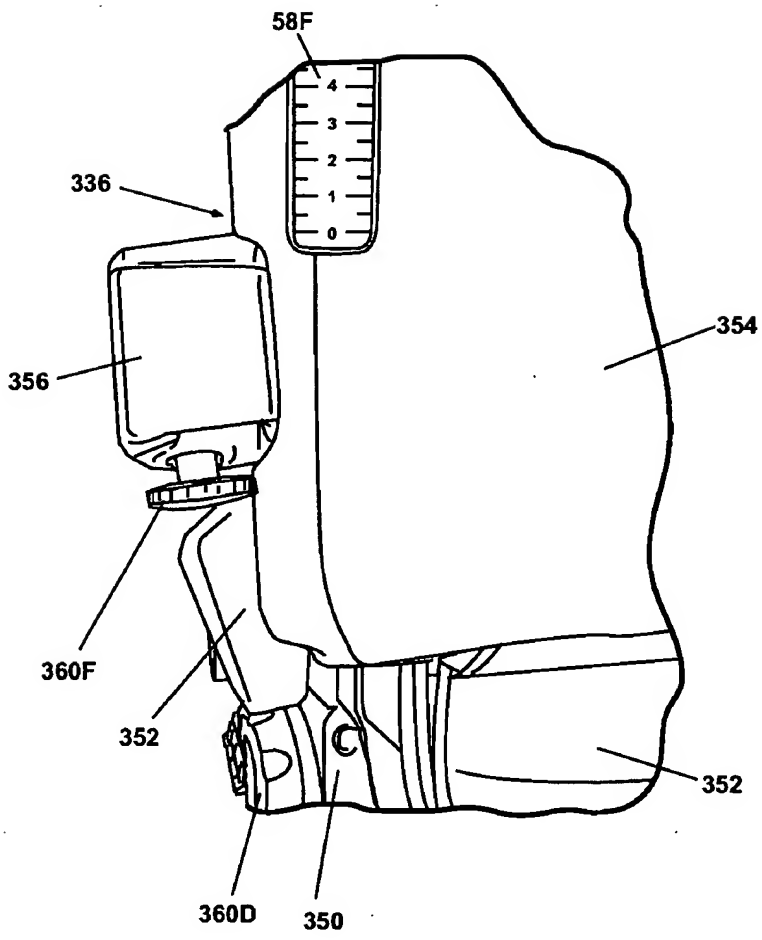


Fig. 78



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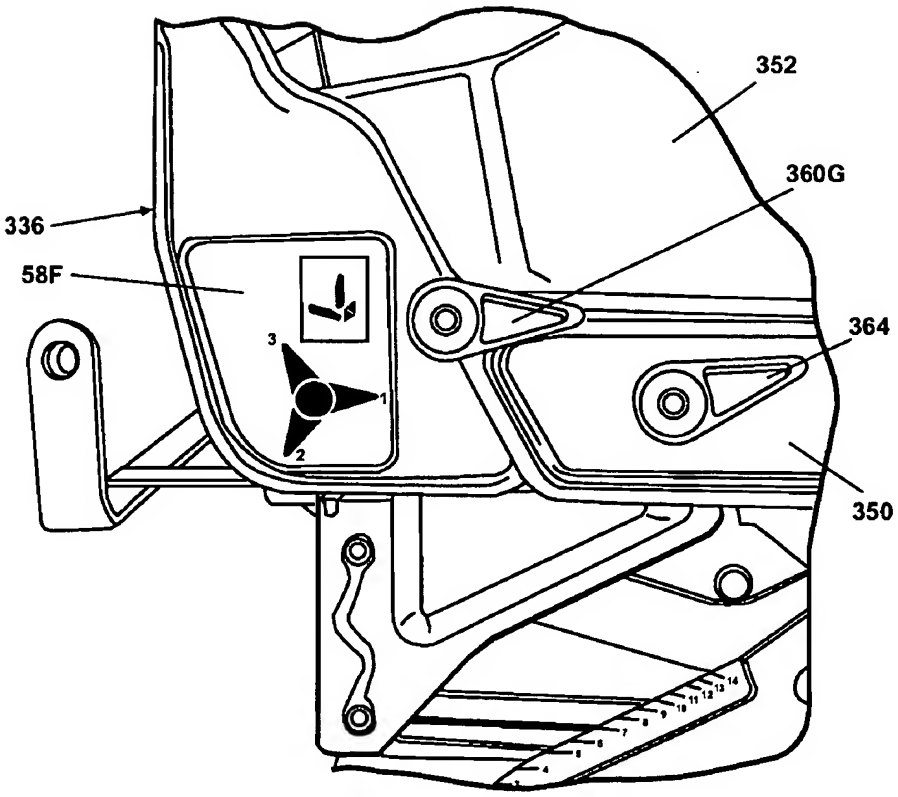

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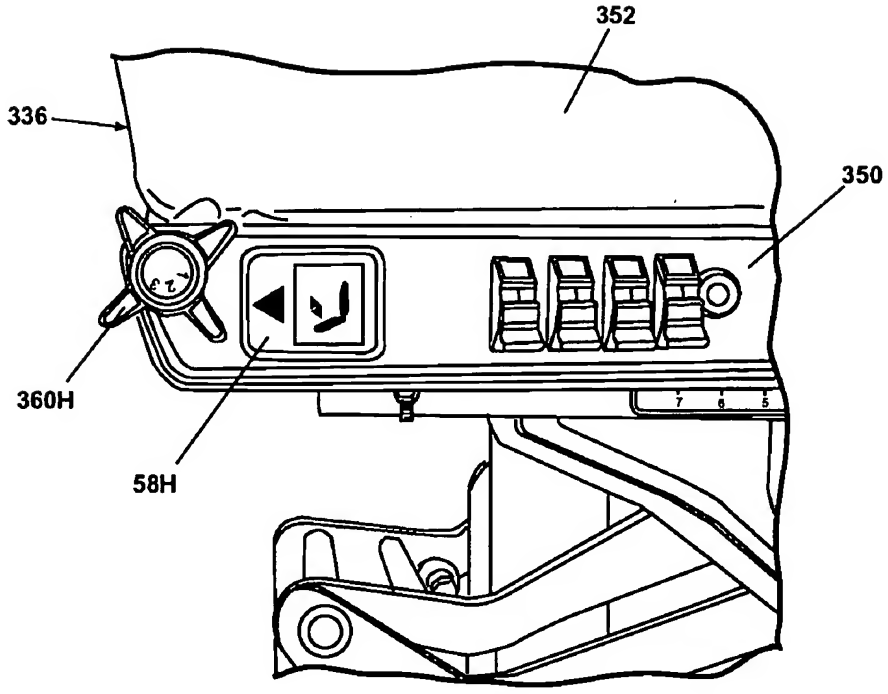

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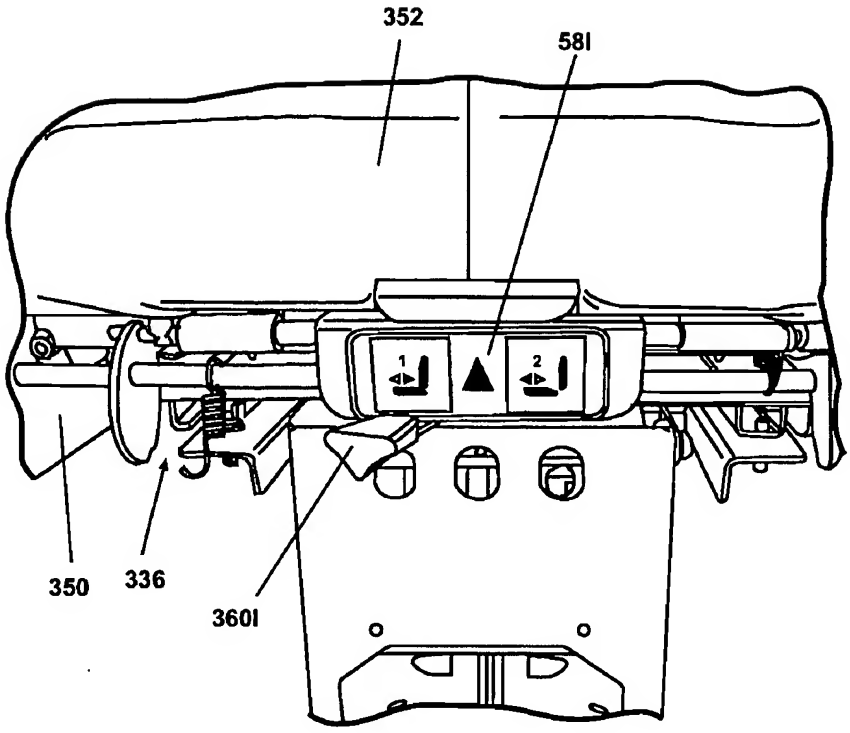

Fig. 82

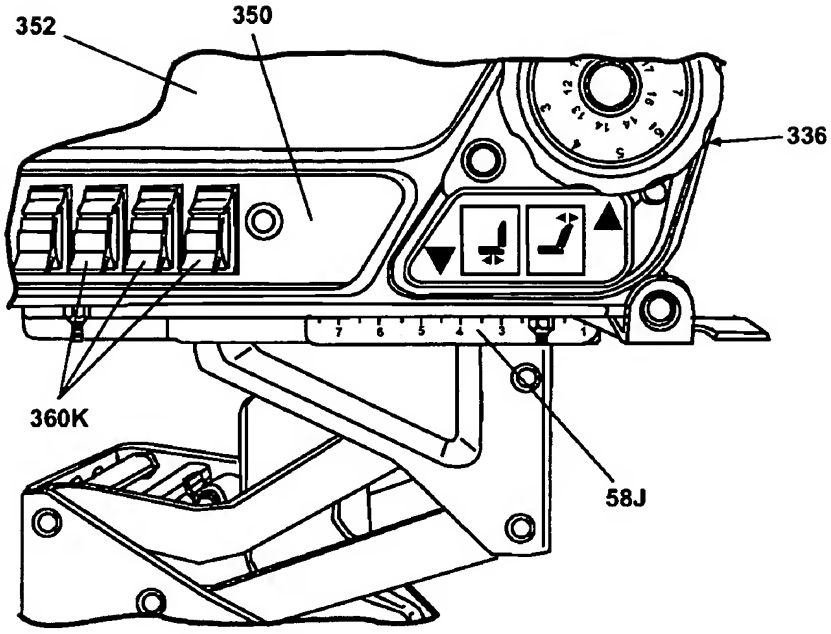

Fig. 83